



Saint Alban's

— EPISCOPAL CHURCH —

Emergency Plan

January 2019

READ THIS: See pages 2-9 for guidance on responding to specific types of emergencies and disruptions.

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1 Purpose

This plan provides information and guidance to safeguard St. Alban's staff, parishioners, renters, and visitors in the event of an emergency or disruption on or near church property. It is both a reference and an operational document.

2 Terms

An **emergency** is a situation that could endanger life, health, and/or property, such as a building fire or a tornado.

A **disruption** is a situation that could interrupt normal activities, such as a power outage, but does not endanger life or property.

Hereafter, emergencies and disruptions are referred to as **incidents**, where appropriate.

3 Audience

This plan is designed for use by St. Alban's staff, parishioners, renters, and visitors. Other groups may use it upon written approval by St. Alban's staff.

As a rule, **the most senior Church Staff member (or Warden) on church property manages St. Alban's response to an incident, in coordination with First Responders** if they are called (i.e., police, fire, paramedics). Others may support them as needed.

Alternately, **if Church Staff are not present, Event Leaders may act in this role for their groups** until Church Staff or First Responders arrive.

4 References

See Appendix A on page 15 for sources and references used to build and maintain this plan.

5 Emergency Contacts

See Appendix B on pages 16-17 for individuals and organizations you may need to contact before, during, or after an incident.

6 Plan Version, Maintenance, and Availability

The plan is dated January 2019. The Vestry reviews it at least annually and updates it as needed, in coordination with other parties as appropriate.

To download a copy, visit the church website at [www.stalbansva.org/About Us/Emergency-Plan](http://www.stalbansva.org/About_Us/Emergency-Plan).

7 How to Prepare for an Incident

You are encouraged to follow the emergency preparedness guidance below when you are on church property.

Know—

1. At least two exits out of church buildings.
2. Where to assemble outside if we must evacuate.
3. Places to shelter inside if you cannot evacuate or if conditions outside are unsafe (e.g., tornado).



Make it a habit to—

1. “See something suspicious, say something.”
2. Add important telephone numbers to your mobile phone.
3. Keep your mobile phone *powered up* so it’s ready when you need it.

8 How to Respond to an Incident

Follow the guidance below if you see, hear, or learn of an incident—and follow instructions from Church Staff and First Responders. Take other actions as needed.

	In the Event of ...	Do This...
Natural Hazards		
1	Earthquake	<ul style="list-style-type: none"> • If indoors, take cover under a desk, table or pew. Evacuate <u>after</u> the quaking stops. • If outdoors, move to an open area away from buildings, trees, and power lines. • Go the Assembly Area after the quaking stops (see Section 9.3 on page 10). • Alert Church Staff (see page 16). • Check local media for news and instructions. • Church Staff: Account for occupants (see Section 13.2 on page 13). 
2	Extreme Heat	<ul style="list-style-type: none"> • Postpone outdoor events. • Stay indoors and drink water. • Watch for health-related illness in yourself and others; get medical help if needed. • Check local media for news and instructions.  <p style="text-align: right; font-size: small;">FEMA</p>

	In the Event of ...	Do This...
3	Hurricane	<p>How to Prepare:</p> <ul style="list-style-type: none"> • Check local media for news and instructions. • Keep your mobile phone and other electronic devices powered up. • Prepare to evacuate if needed. Identify evacuation routes; fill your gas tank; and stock your car with supplies. • If you plan to stay in your home, stock up on appropriate supplies (water, food, flashlights with fresh batteries). • Church Staff: <ul style="list-style-type: none"> – Coordinate with nearby congregations if needed. – Issue instructions if needed (see Section 15 on page 14). – Secure church property. <p>How to Respond:</p> <ul style="list-style-type: none"> • Evacuate if directed by authorities. • Report downed power lines and flood water (see page 17). • Church Staff: <ul style="list-style-type: none"> – Examine property, photograph damage, and contact our insurer if needed. – Issue instructions if needed (see Section 15 on page 14).
4	Thunderstorm / Lightening / Tornado	<p>Before and During the Storm:</p> <ul style="list-style-type: none"> • If outdoors, move inside. Take cover and stay away from windows. • If indoors, move to an interior room. Stay away from windows. • Avoid corded electrical equipment (e.g., land-line phones). • Check local media for news and instructions. • Church Staff: Issue instructions if needed (see Section 15 on page 14). <p>After the Storm:</p> <ul style="list-style-type: none"> • Report outages and downed power lines (see page 17). • Photograph damage. Call our insurer and contractors.



FEMA



FEMA

	In the Event of ...	Do This...
5	<p>Winter Storm</p>	<p>Before the Storm:</p> <ul style="list-style-type: none"> • Keep your mobile phone and other electronic devices fully charged. • Check local media for news and instructions. • Church Staff: <ul style="list-style-type: none"> – Coordinate with nearby congregations if needed. – Issue instructions if needed (see Section 15 on page 14). <p>During/After the Storm:</p> <ul style="list-style-type: none"> • Clear snow/ice from walkways, outdoor systems, and nearby fire hydrants. Avoid overexertion; get medical help if needed. • Report outages and downed power lines (see page 17). • Church Staff: <ul style="list-style-type: none"> – Issue instructions if needed (see Section 15 on page 14). – Photograph damage. Call our insurer and contractors.
<p>Technological Hazards</p>		
6	<p>Building System Failure (e.g., Flooding, Gas Leak)</p>	<ul style="list-style-type: none"> • Evacuate immediately if needed. Alert others as you do so, and keep others away. • Alert Church Staff (see page 16). • Church Staff: <ul style="list-style-type: none"> – Issue instructions if needed (see Section 15 on page 14). – Photograph damage. Call our insurer and contractors.
7	<p>Fire in a Church Building</p>	<ul style="list-style-type: none"> • Pull a fire alarm. • Evacuate and go to the Assembly Area (see Section 9.3 on page 10). <ul style="list-style-type: none"> – Close doors behind you (to isolate the fire). – Before opening a door, check it with the back of your hand. DON'T open hot doors. • Dial 911 when you are safe. • Let emergency vehicles enter the parking lot and stay out of their way. • Church Staff: <ul style="list-style-type: none"> – Account for occupants (see Section 13.2 on page 13). – Issue instructions if needed (see Section 15 on page 14).



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Sherwin McGehee, FreeDigitalPhotos.net



687919816, FreeDigitalPhotos.net

	In the Event of ...	Do This...
8	<p>Hazardous Materials Incident</p>	<p>If Indoors:</p> <ul style="list-style-type: none"> • Move to an interior area, away from windows. • Turn off HVAC, and seal gaps in doorways. • Dial 911 if needed. • Check local media for news and instructions. <p>If Outdoors:</p> <ul style="list-style-type: none"> • Cover your nose and mouth and move upwind. • Take shelter indoors. • Tell others to stay away. • Dial 911 if needed. • If you were exposed, remove clothes; wash with soap and water; and get medical attention. Don't touch your eyes or mouth.  <p>NOAA</p>
9	<p>Power Outage</p>	<ul style="list-style-type: none"> • Alert Church Staff (see page 16). • Contact Dominion Power at 866-DOM-HELP (866-366-4357). • Check the elevator by the Narthex for possible trapped occupants. See also Row #10 ("Trapped in Elevator") below. • Check local media for news and instructions, if needed. • Church Staff: <ul style="list-style-type: none"> - Issue instructions if needed (see Section 15 on page 14). - Throw out perishable food if the outage lasted 4+ hours.  <p>FEMA</p>
10	<p>Trapped in Elevator</p>	<p>If You're Trapped:</p> <ul style="list-style-type: none"> • Press the "Alarm" button on the panel to alert the elevator company. • Alert others by voice or mobile phone if needed. <p>If You're Outside the Elevator:</p> <ul style="list-style-type: none"> • Tell the occupants to press the "Alarm" button. • Alert Church Staff (see page 16). • Stay nearby until help arrives.  <p>St. Alban's</p>

	In the Event of ...	Do This...
Human Hazards		
11	Communicable Illness	<ul style="list-style-type: none"> • To limit exposure: <ul style="list-style-type: none"> - Stay home when you're ill. - Wash your hands frequently. - Cough/sneeze into a tissue, or into the crook of your arm. • Notify Church Staff if you have a serious communicable illness (chickenpox, hepatitis, influenza, mumps, etc.). <p>Church Staff will keep your information confidential but may use it to take appropriate precautionary actions.</p>  <p style="font-size: small; text-align: right;">skynesher, FreeDigitalPhotos.net</p>
12	Disruptive or Violent Behavior	<ul style="list-style-type: none"> • Evacuate and dial 911 if needed. • Take shelter if you can't evacuate. • Alert Church Staff (see page 16). • See also "Hostile Intruder" below.  <p style="font-size: small; text-align: right;">posteriori, FreeDigitalPhotos.net</p>
13	Hostile Intruder	<ol style="list-style-type: none"> 1. RUN (evacuate!) <ul style="list-style-type: none"> • Alert others as you exit. • Dial 911 as soon as it is safe to do so. • DON'T pull the fire alarm. • DON'T assemble outside—take cover instead. 2. HIDE if you can't escape. <ul style="list-style-type: none"> • Hide in a room, or under a desk or pew. • Lock and barricade the door. Turn lights off. • Be quiet. Silence your phone. Send a text to 911 to alert police quietly. 3. FIGHT as a LAST resort. <ul style="list-style-type: none"> • Use improvised weapons (e.g., scissors, keys).    <p style="font-size: small; text-align: right;">FreeDigitalPhotos.net</p>
14	Medical Incident	<p>General</p> <ul style="list-style-type: none"> • If someone is in physical distress, ask them if they need help. Even if they say "No," watch them and take action if needed. • Dial 911 if serious or life-threatening. <ul style="list-style-type: none"> - Send someone outside to alert approaching First Responders. • Use first aid supplies (see Section 12.1 on page 12). • Alert Church Staff (see page 16). <More on next page>  <p style="font-size: small; text-align: right;">89301753 FreeDigitalPhotos.net</p>

	In the Event of ...	Do This...
		<p>Cardiac Emergency</p> <ul style="list-style-type: none"> • Dial 911. Send someone outside to alert approaching First Responders. • Use the Automated External Defibrillator (AED) located in the Narthex. It has automated instructions on how to use it. • Alert Church Staff (see page 16). <p>Choking (Heimlich Maneuver)</p> <ul style="list-style-type: none"> • Dial 911. • Give five (5) back blows with the heel of your hand. • Give five (5) quick abdominal thrusts. Do this by placing the thumb side of your fist against the middle of the person's abdomen, just above the navel. Grab your fist with your other hand. • Repeat until the object comes out and the person breathes on their own.
15	Missing Person	<ul style="list-style-type: none"> • Alert Church Staff and everyone around you. • Post someone at every exit door. • As a group, check ALL logical locations (bathrooms, classrooms, offices, playground). • Dial 911 if needed. <div data-bbox="1218 814 1518 1060" data-label="Image"> </div> <p data-bbox="1226 1066 1518 1087">Jake Olimb. FreeDigitalPhotos.net</p>
16	Suspicious Person or Criminal Activity	<p>Suspicious Person</p> <ul style="list-style-type: none"> • Keep a safe distance. Evacuate if feel unsafe. • Otherwise, ask the person "May I help you? Who are you here to see?" • Alert Church Staff (see page 16). <p>Criminal Activity</p> <ul style="list-style-type: none"> • DON'T interfere except to defend yourself. • Exit and dial 911 if needed. • Alert Church Staff (see page 16). • Describe to the police everything you saw—the activity, the person, and vehicle and license plate number (if a vehicle was involved). • Church Staff: Gather any more information from the Security Team. <div data-bbox="1237 1108 1534 1318" data-label="Image"> </div> <p data-bbox="1258 1325 1534 1346">93324803, FreeDigitalPhotos.net</p>

	In the Event of ...	Do This...
17	<p>Suspicious Letter or Package</p>	<p>Be Observant:</p> <ul style="list-style-type: none"> • Be observant when opening mail. Watch for unusual items, such as— <ul style="list-style-type: none"> - No return address, or excess postage - Unknown power or substance - Odor or stains.  <p>85982363, FreeDigitalPhotos.net</p> <p>How to Respond:</p> <ul style="list-style-type: none"> • DON'T touch a suspicious letter or package. • Cover the letter or package (e.g., with a trash can), alert others, and exit. • DON'T touch your eyes or mouth. Wash your hands. • Dial 911. • Alert Church Staff (see page 16).
18	<p>Threatening Message</p>	<ul style="list-style-type: none"> • If by phone, listen carefully, ask questions, and write down everything you hear. • If by email, DON'T open any attachments and DON'T delete it. Print the message and save it to a folder where authorities can examine it. • Alert Church Staff (see page 16). • Dial 911 if the threat is imminent. Otherwise, call the Fairfax County Police Department at 703-691-2131 (non-emergency line).  <p>Vetkit, FreeDigitalPhotos.net</p>
19	<p>Traumatic Incident (e.g., Death, Serious Injury)</p>	<ul style="list-style-type: none"> • Dial 911 if needed. • Keep non-essential people away from the scene. • Alert Church Staff (see page 16). • Church Staff: Counsel those who may be affected emotionally or physically. Engage other professional help if needed.  <p>DRB Images,</p>
<p>Other Hazards</p>		
20	<p>Incident Near the Church (e.g., house fire, HAZMAT spill)</p>	<ul style="list-style-type: none"> • Dial 911 if needed. • Stay indoors. Take shelter away from windows, if needed. • Tell others to stay away. • Alert Church Staff (see page 16). • Check local media for news and instructions. • Church Staff: Issue instructions if needed (see Section 15 on page 14).  <p>Mario Savoia, FreeDigitalPhotos.net</p>

	In the Event of ...	Do This...
21	National or Regional Incident	<ul style="list-style-type: none"> • Check the media for news and instructions. • Keep your mobile phone and laptop powered up. • Take other precautions as needed or directed. • Church Staff: Issue instructions if needed (see Section 15 on page 14).  <p style="text-align: right; font-size: small;">Francesco Cura, FreeDigitalPhotos.net</p>

9 Evacuation

If conditions inside are unsafe (e.g., fire), immediately evacuate and move to the Assembly Area outside (see Section 9.3., *Where to Assemble*, on page 10).

- **NOTE:** The only exception is a **Hostile Intruder** incident, in which case **disperse and take cover**, to avoid creating a target for the intruder.

Alternately, depending on the incident, Church Staff may instruct occupants to exit and go home (or stay home), for example during an extended power outage.

9.1 Alert

An evacuation may be initiated by fire alarm or verbally. You may also evacuate on your own initiative, especially if you are in imminent danger.

- **Fire Alarm:** The church has a fire alarm system that is activated either *manually* (by pulling an alarm lever) or *automatically* (when a detector detects smoke or heat). Fire alarms should be used for fire incidents **ONLY**.

DON'T pull the fire alarm during a Hostile Intruder incident. The noise could prevent others from hearing the intruder, possibly endangering them. **Alert others verbally or by hand signal.**



David Meharey, FreeDigitalPhotos.net

- **Life Threatening Situation:** **Evacuate immediately** if you are in danger. Alert others as you exit.

9.2 How to Evacuate

If you hear/see a fire alarm, are told to evacuate, or find yourself in danger:

1. **Leave immediately by the nearest exit.**
2. Take your personal valuables **ONLY** if they are next to you.
3. Alert others as you exit.
4. **Help others if possible.** Pay attention to unaccompanied children and those with special needs.



bruno1998, FreeDigitalPhotos.net

- **Unaccompanied Children:** Direct them to their parent or guardian if present. If not, guide them to the nearest exit.
- **People with Special Needs:** Help them move to the nearest exit or to a sheltered area. See Section 9.4 below (*If You Can't Evacuate*).

5. **DON'T** reenter the building.

After you exit:

1. **Move to the Assembly Area**—see Section 9.3 below (*Where to Assemble*).
2. **Connect children with parents or guardians.**
3. **Notify Church Staff or Event Leaders if anyone is still inside or is missing.**
4. Answer Roll-Call and follow instructions.
5. **Church Staff or Event Leaders:**
 - Take Roll Call or a Head-Count if practical.
 - Notify First Responders if anyone is still in the building or is missing.

9.3 Where to Assemble

St. Alban's has an Assembly Area where you should go if we must evacuate. There, you'll be clear of debris and emergency vehicles, and others can find and account for you.

Evacuate from ...	Go to ...	Photo
Any church building.	The open field beyond the parking lot, in front of the Rectory.	 <p style="text-align: right; font-size: small;">St. Alban's</p>

9.4 If You Can't Evacuate

If you can't evacuate:

1. **Seek a safe place**—preferably a room with a window and telephone.
2. Dial **911** or attract the attention of others through the window.

Similarly, **if you can't traverse the stairs near the Narthex, take shelter in a Rescue Assistance area.** The sign shown at right marks them.



St. Alban's

You can find a Rescue Assistance Area next to the elevator—

1. In the Choir Loft.
2. On the Main floor.
3. On the Ground Floor, at the base of the stairs.

Stay calm and dial **911** if needed. **First Responders will come to your location.**

NEVER take the elevator during a fire.

10 Shelter

Shelter inside if conditions outside are unsafe (e.g., tornado, hazardous materials spill).

Move toward the center of the building, away from windows. If required, move to an enclosed space, such as an interior office, hallway, restroom, or stairwell.

- **NOTE:** In the event of a Hostile Intruder incident, seek a room **with** windows, through which you can escape or signal for help.

When you shelter—

1. Dial **911** if necessary.
2. Seal gaps around doors and windows if necessary.
3. Take cover if necessary.
4. Exit when help arrives or when the “All Clear” is sounded.
5. Notify Church Staff (or Event Leaders, if you were attending a group event) after you exit, so you are accounted for.

11 Dialing 911

When dialing 911 from a land-line telephone, your location is sent automatically to First Responders.

When dialing from a *mobile phone*, however, the dispatcher may ask you for your street address. St. Alban's address is—

- **6800 Columbia Pike, Annandale.**



67282265, FreeDigitalPhotos.net

After the call is complete, **send others to Columbia Pike to direct approaching First Responders.**

12 Emergency Resources

12.1 AED, Fire Alarms, Fire Extinguishers, and First Aid Kits



St. Alban's is equipped with an Automated External Defibrillator (AED), fire alarms and extinguishers, and first aid kits. See below for their locations.

	Room	AED	Fire Alarm	Fire Extinguisher	First Aid Kit
1	Choir Loft		✓		
2	Frizzell Parish Hall		✓	✓	
3	Kitchen		✓	✓	✓
4	Lower Hall			✓	
5	Main Hall		✓	✓	
6	Narthex	✓	✓	✓	
7	Sacristy			✓	✓
8	Room 2			✓	
9	Room 4			✓	✓
10	Room 5			✓	

If someone is suffering from cardiac arrest (no pulse), **dial 911** and then use the **AED** located **in the wall cabinet in the Narthex**. Follow the automated instructions and voice commands. The AED analyzes the person's heart rhythm and delivers a shock to restore the rhythm if it is disrupted.

In the event of a fire, **pull the lever on the nearest fire alarm** to alert others. Do so **ONLY** in the event of an actual fire.

You may be able to put out a fire with an extinguisher. Do so **ONLY** if —

1. The fire alarm is ringing;
2. The fire is small; and
3. You have an open exit behind you.

Then, use the **“P.A.S.S”** method:

1. **Pull** the pin.
2. **Aim** at the base of the fire.



3. **Squeeze** the handle.
4. **Sweep** back and forth until the fire is out.

Use supplies in the first aid kits if needed. These include bandages; burn relief gel; pain relievers; and other supplies.

12.2 Public Resources

See Appendix C, *Public Resources*, on page 18 for free resources you can use before, during, and after an incident. Become familiar with them before an incident occurs.

13 Accounting for People

Accounting for people is critical. It helps to ensure their safety; saves time spent trying to find “missing” people; and facilitates the return to normal operations. Follow the guidance below.

13.1 Instructions for Church Staff

Tell other staff if you can't come to work, or if you have to leave the office during the workday. Also tell them how you can be reached. **Example:** “I'm going out for an appointment. I have my mobile phone if you need me.” This helps others to account for you if an incident occurs while you are away.

13.2 Accounting for People (Incident at Church)

If an incident occurs while an event is in progress on church property, take appropriate actions as described in Sections 9 or 10 (pages 9-11).

If You Evacuate:

1. After you exit, notify Church Staff (or Event Leaders) if you believe people are still in the building or are missing.
2. Answer Roll Call.
3. **Church Staff (or Event Leaders):**
 - Conduct Roll-Call and/or a Head Count if practical. **NOTE: If you evacuate during Sunday service, talk with the Counters to compare your Head Count numbers.**
 - Notify First Responders if people may still be in the building or are missing.



glOck, FreeDigitalPhotos.net

If You Shelter:

1. **If you shelter indoors**, notify Church Staff (or Event Leaders) after the “All Clear” is sounded, so they can account for you.
2. **Church Staff (or Event Leaders):**
 - Help people enter the building **ONLY** if you do not endanger yourself or others.
 - Conduct Roll-Call and/or a Head Count if practical.

- If people dispersed to shelter, account for them after the All Clear is sounded.
- Conduct a search if anyone is missing after the All Clear. Dial **911** if necessary.

13.3 Accounting for People (Large-Scale Incident)

After a large-scale incident (e.g., hurricane requiring community evacuation), Church Staff and Vestry may contact parishioners and renters, via email/phone, to ask about their status and to relay any special instructions. See also Section 15 on page 14.

14 Serving the Community

In the event of a disaster, St. Alban's may provide shelter and services to help affected people in the community. Examples include sleeping areas, food, and clothing.

Church Staff will do so in coordination with all appropriate parties, including the Vestry, the Diocese, parishioners, nearby congregations, and renters, as needed.



MachineHeadz, FreeDigitalPhotos.net

Further, staff will take actions to ensure St. Alban's conforms with all regulations regarding occupancy, food safety, and other factors related to health and safety.

15 Church Closings and Event Cancellations

If an incident requires the temporary closure of St. Alban's or the cancellation of events, Church Staff will send a parish-wide email through the "Constant Contact" mass email service.

Church Staff will also notify renters if needed, and update the church website with a banner message. They will repeat the process when the incident has passed and normal operations can be resumed, notifying parishioners and renters that St. Alban's has re-opened.



Jon Schulte. FreeDigitalPhotos.net

16 Shutting Off Utilities and Securing Church Property

Depending on the situation, Church Staff are responsible for shutting off utilities and securing church property before or during an incident. See page 16 for their contact information.

17 Protecting Church Records

Church Staff regularly backup digital files and store them offsite to assure St. Alban's has duplicate copies in case primary copies are destroyed (e.g., due to a fire).

18 Responding to the Media

Refer all media inquiries to Father Jeff Shankles or Father Paul Moberly. See page 16 for their contact information.

Appendix A. References

The following references are used to support development and maintenance of this plan:

1. Arlington County, Office of Emergency Management, <http://sites.arlingtonva.us/oem>.
2. Department of Homeland Security, Federal Emergency Management Agency, *Guide for Developing High Quality Emergency Operations Plans for Houses of Worship*, June 2013.
3. Ibid., Ready Campaign, www.Ready.gov.
4. Diocese of Virginia Disaster Preparedness and Response Ministry Team, *Preparedness Planning Guide for Congregations and Parishes*, 2011.
5. Fairfax County, Office of Emergency Management, <http://www.fairfaxcounty.gov/oem/>.

Appendix B. Emergency Contacts

St. Alban's Staff

	Name	Role	Office	Email
1	Rev. Jeff Shankles	Rector	703-256-2966	jshankles@stalbandsva.org
2	Rev. Paul Moberly	Associate Rector		pmoberly@stalbandsva.org
3	Rev. Theresa Lewallen	Deacon		theresa.lewallen@verizon.net
4	Fred Binkholder	Music Minister		music@stalbandsva.org
5	Administrative Assistant			info@stalbandsva.org

First Responders

	Name	Phone
1	Police / Fire / Paramedics	911
2	Police / Fire Non-Emergency (Fairfax County)	703-691-2131
3	Poison Center	800-222-1222

Medical Care

	Name	Address	Office	Website
1	Falls Church Walk-In Clinic and Urgent Care	3400 Payne St, Suite 102, Falls Church, VA	703-348-9111	www.Fallschurchclinic.com
2	INOVA Emergency and Urgent Care	3300 Gallows Rd, Falls Church, VA	703-776-3116	http://www.inova.org/healthcare-services/emergency-services/locations/index.jsp#eccfair

Utilities

	Name	Phone	Website or Email
1	Dominion (Power)	866-DOM-HELP (866-366-4357)	https://www.dom.com/residential/dominion-virginia-power/outage-center/report-and-check-outages
2	Fairfax Water	703-698-5800; 703-698-5613 (After Hours)	watermainbreak@fairfaxwater.org
3	Verizon Fios	855-480-4789	Fios.verizon.com/contact-us.html
4	Washington Gas	800-752-7520; 703-750-1400	https://www.washingtongas.com/safety-education/safety/natural-gas-safety

Virginia and Fairfax County Government

	Name	Phone	Website
1	Fairfax County Emergency Management Office	571-350-1000	www.fairfaxcounty.gov/oem
2	Emergency Road Conditions	5-1-1	www.511virginia.org/
3	Mental Health Services	703-573-5679 (24 hours)	N/A
4	Public Works	703-323-1211 703-250-2003	N/A
5	Snow Plow Status	N/A	http://novasnowplowing.virginia.gov/
6	Storm Flooding	703-877-2800 (M-F, 730am-4pm) 703-323-1211 (After Hours)	N/A
7	Tree Removal on Public Roads	800-FOR-ROAD	N/A

Appendix C. Public Resources

C1. Emergency Alerts

Consider signing up to receive free alerts from your local government about severe weather and public safety incidents. You can choose to receive alerts via text, email and/or phone.

City/County	Registration Link
Alexandria	https://www.alexandriava.gov/fire/info/default.aspx?id=87143
Arlington	www.arlingtonalert.com
Fairfax	http://www.fairfaxcounty.gov/alerts
Falls Church	http://www.fallschurchva.gov/1371/Falls-Church-Alerts

C2. Local Media

Check local media for news and instructions during regional and national events.

Radio	TV
<ul style="list-style-type: none"> • WAMU 88.5 • WNEW 99.1 FM • WTOP 103.5 FM • Fairfax County Government Radio (www.fairfaxcounty.gov/radio) 	Cable Channel 22 or 26

C3. Mobile Apps (for iPhone and Android)

Mobile apps are valuable tools that you can use before and during an emergency. **Examples of free apps are listed below.** All of them are available on iPhone and Android.

Service	App	Function
Emergency Preparedness	FEMA	FEMA’s official emergency preparedness app. Provides weather alerts, safety tips, and reminders, identifies emergency shelters, and more.
	Ready Virginia	Virginia’s official emergency preparedness app. Provides public health alerts, evacuation routes, etc.
Medical	Pocket First Aid & CPR	Prepared by the American Heart Association. Provides guidance, videos, and more.
Utilities	Flashlight (by Handy)	Bright and simple flashlight, plus other functions.
Weather	Yahoo Weather	Provides temperatures, wind, radar, and sun rise/set.