

St. Alban's Episcopal Church **The word**

April 2018 Volume 17, Issue 3

From the Assistant Rector

The Easter season is upon us; and with any luck, signs of springtime and new life will be everywhere by the time you receive this month's edition of the Word. April 1 marks eight months since I came to St. Alban's – the first two-thirds of this year have very much raced past. It's been an exhilarating and happy year settling in to a new season of life here in Annandale. In a few weeks, my spouse and I will celebrate our first anniversary (we were married last April 22.) I've so enjoyed getting to know the people of St. Alban's – I feel so "at home" here already, thanks to the friendship and generosity of this unusually vibrant parish church. I can attest that no one with whom I graduated from seminary is as lucky as I – just don't tell them. I got to come to St. Alban's, and they didn't.

I am so grateful to have such a generous and supportive boss in **Fr. Jeff** – he has empowered me to do so much more here already than many assistant priests get to do. The St. Alban's community is blessed, too, in Fr. Jeff, to have such an energetic and inspiring leader as its rector. And now, we wish him and **Kate** bon voyage – just temporarily – as they set out on Fr. Jeff's well-earned and well-deserved sabbatical. I know you share my wish that they have a restful and renewing adventure together – away from the day-to-day concerns and stresses that usually occupy them.

As the Assistant Rector, I want you to know that things are in good hands while Fr. Jeff is away. I will be working closely with **Nancy Harrell**, the newly-elected Senior Warden, to ensure that the operation of the parish continues relatively uninterrupted. I have it on good authority that the members of the Vestry are ready for duty to support us as well.

On several Sundays, we will have visiting priests to handle some of the preaching and Eucharistic duties – and **Deacon Theresa** will preach on two or three Sundays as well. So, at very least you won't have to hear the same preacher for twelve weeks! We plan no changes to the worship life while Fr. Jeff is away, so my hope is that things will proceed relatively uninterrupted.

My office hours will continue as usual. You can expect to find me in the office Monday through Thursday from 8:00 am to 5:00 pm. I will be present at as many meetings and other parish events as I can. Fridays will be my usual week-day "off" – though I will always be available via email for pressing matters. The parish office will keep its usual hours Monday through Friday.

Any new season in life comes with its share of both unexpected joys and unforeseen challenges. When I came to St. Alban's two-thirds of a year ago (can you imagine?) I didn't foresee being the sole priest on duty in less than a year. And yet, Fr. Jeff seems to think I'll be fine – he has assured me that he has "no doubt" that I am up to the task. I am looking forward to working with the Senior Warden and the Vestry – and with all of you – to take good care of this beloved parish and to return it to his care in tip-top shape when he returns. Happy Easter to all of you! –Fr. Paul

Han Binkholder and the Wildes and McCoy grandchildren on Easter Sunday. Many more photos of Holy Week inside!



From the Rector



*On March 25 at the 10:15 am service, **Fr. Paul** presented **Kate** and **Fr. Jeff** with a gift from the congregation in support of their sabbatical.*

Dear St. Alban's family,

Kate and I were so deeply touched (and perhaps a bit stunned!) by your extremely generous gift for our sabbatical. I was quite surprised when **Fr. Paul** "interrupted" the announcements following the Palm Sunday service, but even more surprised when we were handed a card with that wonderful gift. While almost all my sabbatical costs are covered by the Lily Grant, a sabbatical can still be an expensive undertaking, and your generosity will go far to defray the extra expenses.

I can't wait to get back from sabbatical to share with you my insights; to share with you what I've learned and what I've observed, and perhaps even inspire some of you to consider making a pilgrimage walk. While we're away, our hearts will be warmed in the knowledge that you carry us in your prayers, and that we carry prayers for you on our journey.

So, to each of you, thank you for such a wonderful gift. Thank you for your words of encouragement and prayers as we prepare for this sabbatical. Thank you for your words of support over the years. And thank you for sharing your lives with me as your priest and pastor.
-Fr. Jeff



*Parishioners and friends of St. Alban's wish **Fr. Jeff** and **Kate** well on their travel adventures.*

May you two have much fun, find remarkable new perspectives, receive special blessings, see new and wondrous marvels, and have awesome experiences that will forever enrich your lives.

The Warden's Pen

Easter Greetings!

As I began my tenure on St. Alban's Vestry, I was elected Senior Warden at the last meeting. I'd like to thank **Linda Cummings** for her leadership over the last year. Both **John Clements** and **April Kreller** have agreed to continue as Junior Warden and Registrar, respectively. Thank you both for your continued service.

My main challenge for the first few months will be **Fr. Jeff's** absence while he and **Kate** take their well deserved sabbatical. I'll help **Fr. Paul** in any way I can as we continue the business of this church.

Please don't hesitate to contact me with any questions or concerns you may have.

He is risen! Alleluia!
-Nancy L. Harrell

From the Deacon

Support through Community

Every four or five weeks, a group of parishioners gathers to share resources, concerns, and updates related to their role as caregiver for a loved one. While we are fortunate to live in an area that offers services and programs for caregivers, the group at St. Alban's provides a spiritual dimension and an opportunity to be part of a caring community of support within our larger church community.

Resource sharing is an important part of the group's discussion. It's helpful to hear from others about available transportation services, respite care, home health assistance and legal considerations. At our most recent meeting, the group suggested the development of a resource list. We welcome suggestions from anyone who had positive experiences with services that either support for caregivers or care recipients. Send any ideas you have to me at theresa.lewallen@verizon.net for the compilation which we will make available to the parish.

The Diocese of Virginia's Committee on Aging has resources for all stages of life, including a publication titled, "*Are Your Affairs in Order? A Planning and Resource Guide.*" We'll be offering some education programs related to considerations for our own aging as well as that of our loved ones.
-Deacon Theresa Lewallen



CHOIR NOTES



April 1. Our Easter anthem is an arrangement by Gerre Hancock of *Christus vincit* (“Christ Has Conquered”), by the French organist and composer Joseph Noyon (1888-1962). Noyon was born in Cherbourg and received his initial musical training there. He moved to Paris in 1904 to study at the Niedermeyer School, which specialized in sacred music, and later at the Paris Conservatory. Noyon served as organist and/or choir director at several Parisian churches and also directed the choirs of French Radio and Television Broadcasting. Most of his compositions were written for the church, but he also composed an organ concerto and some chamber music. Arranger Gerre Hancock (1934-2012) was an American organist, choir director, and composer who was highly regarded for his improvisational skills. He taught at the University of Cincinnati, Juilliard, the Eastman School, Yale, and the University of Texas at Austin.

April 8. The Choir will take its traditional post-Easter break.

April 15. Another Choir tradition is to return from our break by singing *This Joyful Eastertide*, a harmonization by Charles Wood (1866-1926) of a Dutch tune published in 1685 and appearing in our Hymnal as Hymn 192, with a text by the Anglican priest, George Ratcliffe Woodward (1848-1934). Wood, born in County Armagh, Northern Ireland, studied with noted composers Sir Charles Villiers Stanford and Sir Charles Hubert Hastings Parry at the Royal College of Music (RCM) in London. As a highly regarded Professor at the RCM and Cambridge, Wood counted Ralph Vaughan Williams and Herbert Howells among his students. In addition to composing widely acclaimed sacred music, for which he is best known, Wood wrote eight string quartets, co-edited (with Woodward) three books of carols, and founded the Irish Folk Song Society.

April 22. Our anthem this Sunday is *A New Commandment*, by Thomas Tallis (c1505-1585), the preeminent composer of the English Renaissance. Tallis, also a singer and organist, served English kings and queens (Anglican and Roman Catholic) from Henry VIII through Elizabeth I. In 1575 Elizabeth bestowed on him and his star pupil, William Byrd, a monopoly on the printing of music and ruled music paper. It appears that musicians have always had to find extra sources of income, and this one proved to be particularly lucrative.

April 29. This Sunday we will sing an arrangement of the traditional Gregorian chant, *Ubi caritas*, by Maurice Duruflé (1902-1986), one of the greatest organists and composers for organ of the 20th century. Duruflé was born in Louviers, France and studied at the Paris Conservatory, where he later became professor of harmony. From 1929 to 1986 he served as organist at St. Étienne-du-Mont in Paris. His compositions are few in number—only 14 opus numbers—but of high quality. Duruflé’s best-known work is his *Requiem*, which we have sung twice to commemorate the events of 9/11. *Ubi caritas* is the first of his *Four Motets on Gregorian Themes*, composed in 1960. -Clarence Zuvekas

Muldoon Concert Series

April 8 4:00 pm

Carmina & Illuminaire, Early music vocal ensembles

Join us for the golden era of the Italian Renaissance and Baroque periods through the acclaimed talents of the Carmina and Illuminaire vocal ensembles and the Washington Cornett and Sackbutt Ensemble.

Enjoy the well-known masters Monteverdi and Gabrieli as well as several of their contemporaries. Two brass sets on the program contain lively music that an Italian band of piffari (wind players) might have played in an open civic square or tower.

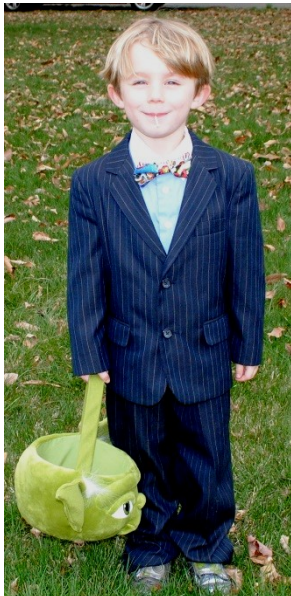
Linger for after-concert refreshments and conversation with the performers.



John Bullard played his banjo like we have never before heard a banjo played before at the March 4 Muldoon Concert. John gained international attention for his work in developing and transcribing classical repertoire for the banjo.

John’s almost harpsichord-like style and tone was matched with the virtuosic accompaniment of Markus Compton on piano. Selections of Marcello, Schumann, Brahms, Bach and original Bullard captivated our audience.

Easter Sunday April 1





Palm Sunday 10:15 am service March 25



*Above, Fr. Jeff, Deacon Theresa and Fr. Paul start the service;
Alan Aument greets Brynn and Ryan Farley,
Bari St. Cyr, Ray and Sally Hanlein, Ivy Kilby and others
processing from the parish hall to church sanctuary;
Deacon Theresa hands out palms to Margaret Pendley; more processing.*

*To right: The Great Easter Vigil begins in the Memorial Grove, where a short
service takes place and then parishioners process into the sanctuary where the first
part of the service is done under candlelight.*

*Photos: In the Memorial Grove; service under candlelight; Fr. Paul, Fr. Jeff,
Deacon Theresa and Seminarian Adan begin the service in the Memorial Grove;
the officiants completing the service;
Fr. Paul and Deacon Theresa with the Paschal candle;
Fr. Paul lighting the fire in the Memorial Grove;
the officiants and acolytes wait for the processing parishioners to enter the sanctuary.*

The Great Easter Vigil 7:00 pm March 31 *This partially candle-lit service began in the Memorial Grove.*



Parish Profile: Ann and Clarence Zuvekas

Longtime parishioners **Ann and Clarence Zuvekas** exemplify the heart and soul of St. Alban's mission -- to be a vibrant, Christ-centered community witnessing God's love for all people through worship, education, stewardship, outreach and pastoral care. This energetic couple have centered their lives on servant leadership.

Missouri natives, she from a suburb of St. Louis, he from Joplin, they met at the Canterbury Club at an Episcopal Church near the campus of Washington University in St. Louis where she was a freshman majoring in history and he was a grad student in economics. They married after Ann graduated, by which time Clarence had taken a teaching position at Westminster College in Fulton. During their stay in Fulton Ann received her first Master's degree, in history, at the University of Missouri in Columbia.

When Clarence accepted a position with USAID, they moved to Ecuador, where they worked for five years, he as an economist and she as a part-time teacher. Their children Sam and Ann were born in Ecuador.

Their next life adventure was at Minnesota State University Moorhead where both taught and Ann managed a nonprofit migrant health program for Minnesota and North Dakota. Both Clarence and Ann became involved in progressive politics in Minnesota.

In 1976 they moved to the DC area and Clarence became a contractor with the US Department of Agriculture for USAID, working on agricultural development issues in Latin America and the Caribbean.

He rejoined USAID as a civil servant in 1979 and continued to work there for 17 years, with frequent travel to Central America. Meanwhile, Ann worked in health policy for underserved populations, first for the National Association of Community Health Centers, and later for US Department of Health and Human Services, for private health providers, and for a consulting firm. She received a Master's and a Doctorate in health, public policy and administration from George Washington University (GWU) and taught and did research related to health policy at GWU.

The Zuvekas' got involved at St. Alban's soon after they moved to this area. They liked **Father Frizzell's** activism and spirit of inclusiveness, and they found in St. Alban's parishioners a friendly Christian community. Their family sang in the family choir, and Ann and Clarence taught Sunday School. Ann helped with Vacation Bible School and the bazaar, chaired the stewardship and outreach committees, and wrote the Profiles column for *The Word*. Clarence served two terms on the Vestry and two terms as treasurer, was on the search committee for **Mother Grayce**, and was on the liaison committee between Westminster Preschool and the Vestry. He continues to sing in the choir and to write Choir Notes for *The Word*. His lifelong love of music began with piano lessons and includes amassing a collection of 2,400 music CDs.

Sixteen months ago Ann and Clarence sold their home in Annandale and moved to Goodwin House Bailey's Crossroads. No surprise, they remain very active in the community, he leading singing for the assisted living and memory unit residents and participating in Encore Chorale, she serving in volunteer organizations related to health and human service policy.

Ann and Clarence have used their knowledge, energy and passion to teach, advocate, and enrich their communities, wherever in the world they have lived and worked. We are blessed to have them in our midst. -Cathleen Williams



Ann and Clarence at home at Goodwin House

First Friday Lunch Bunch



Foxfire Grill
6550 Little River Turnpike

April 6 11:30 am.

If you'd like to attend, please call or email **Robin & Walt Barbee**.

Passages

Jan Keith, longtime St. Alban's parishioner, and wife of the late **Jack Keith**, died in March.

Jan was known for her tap dancing abilities, and participated in St. Alban's talent shows. She also played in the handbell choir over the years.

Please hold Jan's family and friends in your prayers.

"Receive, O Lord, your servant Jan into the arms of your mercy, into the blessed rest of everlasting peace, and into the glorious company of the saints in light."



Maundy Thursday Children's Service March 29



Fr. Paul and Donna Archer led the Maundy Thursday Children's Service on March 29. Children learned the significance of Passover and tasted symbolic Passover foods. Then, they had a foot washing experience followed by eucharist. Photos: April Kreller washes the feet of Rory, much to his delight; the tasting of the foods, and mom Caitrin Keiper washing the feet of little Edmund.

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Articles/photos welcome!

Submit by April 15 to
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April Birthdays

Jordan Allison-Espinoza	1	Dede Lallande	10	Karl Gerdes	18
Fred Holmes	1	Juliana Jurenas	11	Jim Curren	24
Jake Rosse	1	Ethan Sobol	11	Annabeth Howton	24
Kate Wettstein	2	PJ Sottile	12	Felix Howton	25
Winthrop Cashdollar	3	Gabriel Albergottie	13	Gwen Jillson	25
Christine Sobol	3	Chuck Blanchard	14	Sarah Tatum	25
Allison Blanchard	4	Harrison Gerdes	14	Jerry Sare	26
Gillian Fitzpatrick	4	Jane Gilbert	14	Mickey Singer	26
Jody Gamber	4	Bari St. Cyr	14	Evan Cook	27
William Van Balen	5	Elayne O'Loughlin	15	Cecilia Howton	27
Marie Sobol	7	DJ Albergottie	17	Cameron Chilton	29
Betsy Murray	8	Cathy Williams	17	Jessica Mairena	30



St. Alban's Episcopal Church
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April Calendar Highlights

April 6 **First Friday Lunch Bunch** Foxfire Grill 11:30 am

April 8 **Muldoon Concert Series** Carmina & Illuminaire 4:00 pm

April 15 **Caregiver's Luncheon** Room 11 11:45 am

April 26 May 24 **Race & Our Response as Christians** Room 11 7:00 pm

Parish Picnic June 24
Save the Date

Bishop Shannon will be with us on that day and will confirm candidates during his visitation

Annual Parish Weekend
Save the Date

September 28-30
Shrine Mont