

# Saint Alban's

 MESSAGE

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## The Second Sunday of Advent

### This Week's Readings

[Isaiah 40:1-11](#)

[Psalms 85:1-2, 8-13](#)

[2 Peter 3:8-15a](#)

[Mark 1:1-8](#)

*Merciful God, who sent your messengers the prophets to preach repentance and prepare the way for our salvation: Give us grace to heed their warnings and forsake our sins, that we may greet with joy the coming of Jesus Christ our Redeemer; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.*

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Find out about this week's events:  
[Go to the Calendar.](#)

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*Please park only along the fence on the right side of the parking lot as you enter. This will keep your vehicle out of the path of construction equipment entering and leaving our grounds.*

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## St. Alban's Online Sunday School

### Advent Lesson Two: To Bring Peace

This Sunday, we will learn what it means to bring peace into the world. We learn that it's important to lift our voices and sing to tell the story of the peace that God brings to the entire world. Look for the 5-to-7 Sunday School video this Sunday morning! Accompanying materials (Coloring Sheets, Activities, and a Family Devotional Guide) will be mailed to families each week so that kids **and families** can learn and experience the meaning of Advent together.

If you are interested in learning more about this series or would like to be added to the mailing list, please email Adam Hutson. For more information regarding the curriculum, please click [here](#).



Chatting Fingers is happy to announce that your purchases have made over \$3500 for St. Alban's to date! We still have some new things coming in, so be sure to look at our catalogue. If you haven't already subscribed, please [email Betsy Anderson](#). Advent may be getting off to a slow start for you, but fear not! We still have advent wreaths and candles available, sold as a set or separately. The catalogue will be issued through Advent and we will stop taking orders December 22.

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St. Alban's is providing a gift card and grab 'n go bags of Christmas cookies to the clients at the Samaritan Ministry office in Arlington.

We are planning to provide 30 bags of cookies - 6 cookies per bag - each bag should be sealed.

A box marked Samaritan Ministry Christmas cookies will be in the Narthex beginning Wed., Dec. 12th.



Debbe Hughes will pick up the box of cookies Wed., Dec. 16th at noon.

Anyone willing to bake Christmas cookies, please [email Debbe Hughes](#) or call her or text her at (703) 507-7338.

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Barbara Hallman is offering her recent pressed flower art for sale in support of St. Alban's 2020 "non-bazaar!" Framed and unframed art 5x7 frame-able cards, print cards and resin pendant necklaces and more are available. All are made from God's precious "art materials"- flowers, leaves, ferns, grasses, barks.

All sales benefit St. Alban's. Free local delivery. Please [email Barbara](#) for the most recent catalog.

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### ***Will you help with our Hypothermia Week, Dec. 20-26?***

Because of the COVID-19 pandemic, our Hypothermia Week will be different this year. Instead of hosting the shelter overflow in our Parish Hall, we will be taking meals to them at the [Lincolnia Senior Center](#) where the shelter will be this winter. We have been asked to only prepare and deliver the food, but not serve or clean up. We will need meals for 50 people for seven nights and 50 bag lunches for each of the seven days. [Click here if you would like more information, or would like to sign up.](#)

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### **Hosts needed for our Virtual Coffee Hour!**

Has the thought of baking cookies and preparing coffee for 75 put

you off being a Sunday morning Coffee Hour Host in the past?

Now, with "Virtual Coffee Hour" anyone can be a Coffee Hour Host! Please consider signing up to be a Virtual Coffee Hour Host. We'll teach you everything you need to know. [Want more information, or to sign up – click here!](#)

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## **Sunday Worship**

Holy Eucharist with Spiritual Communion

10 am on YouTube

Join us! [WeAreStAlbans.org/live.](https://www.WeAreStAlbans.org/live)

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### **Kitchen Update**

The rain on Monday gave us a chance to test the new roof for leaks — and there were none! The crew insulated the new addition's roof yesterday and The flooring for the addition will be poured on Monday.

An update on timing as we approach project completion-The crew hopes to finish all the steps of the construction before Christmas, pending arrival of some of the materials. After Christmas, they

will work on the finishing, painting, and equipment installation. They should be finished before the end of January!



*Filling in the last of the kitchen floor.*



Fr. Jeff describes a cubit.

**FREE TESTING FOR COVID19**  
Click [here](#) for details.

**Friday Social Hour will be tomorrow at 4:30pm- another reminder with log in details will go out tomorrow morning. Hope you can be there!**

## GRAB & GO Breakfast and Lunch



**Free breakfast and lunch meals served**  
**Monday-Friday • 8:00 a.m. - 12:30 p.m. until**  
December 31, 2020 with both breakfast and lunch served at the same time.

ALL FCPS students as well as other Fairfax County children under the age of 18, are eligible for free grab-and-go breakfast and lunch until December 31, 2020 (excluding holidays).

Specific information about meal distribution locations and bus distribution schedules are available here:  
<https://www.fcps.edu/return-school/food>.

**New for this Fall:**  
Saturday and Sunday breakfast and lunch distributed on **Fridays**.  
Meals will be distributed at all sites and bus routes.



Food and Nutrition Services "This institution is an equal opportunity provider."

## Trivia

This saint, whose name means "light," was martyred around the year 303. It is said she plucked out her eyes in an attempt to discourage a persistent suitor who greatly admired them. When guards came to take her away to be executed, they were unable to move her, even after hitching her to a team of oxen. Bundles of wood piled around her wouldn't burn, so she was put to death by the sword. Who is this plucky saint?

Do you know the answer? **[Click here to submit your answer and win](#)**

## **fantastic prizes & notoriety!**

Congratulations Steve! Steve sent in the first correct answer to the questions, "The prophet Elijah prophesied that God would afflict this king with a 'with a disease of the bowels, until his bowels come out, day after day, because of the disease.' Who was the king?" Jehoram was the ninth king of the northern Kingdom of Israel and was the son of the incredibly wicked king Ahab and his wife, Jezebel.



**[November edition of The Word available now!](#)**  
**[Previous issues available here.](#)**

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**FREE HEALTHY MEALS FOR CHILDREN AND FAMILIES**  
**[Click here for details](#)**

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**FOR INFORMATION ON ACCA'S FOOD PANTRY AND WINTER CLOTHING DRIVE, PLEASE [CLICK HERE.](#)**

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### **Socially Distanced but not Distant**

Let us know what you're up to during these strange times.

**[Email us](#)** we'll share your story in our Saturday update.

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When shopping online, go to **[smile.amazon.com](https://smile.amazon.com)** and a portion of your sale will go to St. Alban's.  
*Thanks for your support!*

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### PRAYERS

**For the Sick and the Suffering in our Parish:** Laura Barker, Ava Campbell, Evangeline Clark-Wiles, Don Craver, Casey Cummings, David Hamnett, Nancy Harrell, Mary Ann Daymont, Mary Daymont, Bob Fones, Anne Monahan, Ginny Peters, Jerry Sare, Sally Sare, Debbie Schrag, Ginger Shea, Dottye Stacy, Bari St. Cyr, Evie Tanner, Trudy Van Balen, Kenneth Youngert.

**For the Sick and the Suffering — Family and Friends:** Bud Alligood, Ruth Anderson, Michael Arnold, Larry and Jean Babb, Gladys Baugham, The Berry family, Chris, Andi Coleman, Barbara Cook, Jean Cothran, Jean & Greg Cox, MerriBeth Cully, Dan Daddario, Grace Davidson, Tom Davidson, Elizabeth Durning, Don Garner, Barbara Gilbert, Lisa Groulx, Daniel Hamnett, Lee Helfrich, Rev. Jackie Holcomb, Dwight & Lydia Hutchinson, Heidi Kharbanda, Frank Korff, Lee Sr. and Lee Jr., Norman Lesko, Liz Lybrand, Sue Marshall, Pat Matthes, Donell Mathews, Maryanne Moyers, Wilmot O'Loughlin, Priscilla, Harry Rees, Mark Roosma, Anne Sibert, The Rev. Lauren Stanley, Brooks Travis, Tyler Walinsky, Dick Youngblood.

**New on the prayer list:**

**Prayers for the departed:**

**Prayers for those who are travelling and for our military and civilians who serve their nation working for peace:** Jed Andrews, Cory Curran, Bobby Dubas, Mike Fitzpatrick, Matthew Hanson, Ian Jarvis, Mason Lybrand, Susan Matthews, Annie Robinson, and Matthew Trollinger.

**Birthday Prayers:** Jennifer Aument 12/6; Barbara Hallman 12/6; Edmund Keiper 12/6; Ingrid Schwartz 12/6; Zinnah Wiles 12/6; Ann Ryder 12/8; Nick Russell 12/11; Alicia Ryder 12/11.

**In the Parish Cycle of Prayer:** Please pray for people in danger everywhere; for those suffering the loss of home and family; and for safety of those in the path of fires or hurricanes. Pray for the people of Nicaragua and Honduras, in the aftermath of Hurricane Theta, as the people work to recover from another devastating storm. Pray that the hungry are fed, that the sick and injured are healed, that the homeless are fed, that the grief-stricken are comforted, and that compassion will move our hearts and hands to help. Pray for victims of natural disaster in Central America, and throughout the world.

**The Diocesan Cycle of Prayer:** Santa Maria, Falls Church; Immanuel, Old Church, Mechanicsville; St. Paul's, West Point.

**In the Anglican Cycle of Prayer:** Pray for The Reformed Episcopal Church of Spain (Extra-Provincial to the Archbishop of Canterbury) - The Rt Revd Carlos López-Lozano - Bishop of Spanish Reformed Episcopal Church.

*To place a name on the prayer list contact the parish office at  
703-256-2966 or email **Tammy Thomas**  
Updates regarding those on this list are greatly appreciated.  
For pastoral emergencies please call (571) 383-6096.*

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**Deadline for submitting announcements for SAM is every Tuesday at 5pm.**

