

Saint Alban's

MESSAGE

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Feast of Pentecost

This Week's Readings

[Ezekiel 37:1-14](#)

[Psalms 104:25-35, 37](#)

[Acts 2:1-21](#)

[John 15:26-27;
16:4b-15](#)

Almighty God, on this day you opened the way of eternal life to every race and nation by the promised gift of your Holy Spirit: Shed abroad this gift throughout the world by the preaching of the Gospel, that it may reach to the ends of the earth; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Find out about this week's events:
[Go to the Calendar.](#)

Join us in worship Monday through Friday

(click the descriptions below for the Zoom link)

Morning Prayer, Monday – Friday at 8:00 am. This quiet, peaceful and brief service (approximately 20-25 minutes) is a great way to start the day with readings of scripture and Psalms, and recitation of prayers.

Compline, Wednesdays at 8:30 pm. Compline originated in the fourth century as the night prayers of monks in their dormitories. Look for the email with more information on Wednesdays.

New Ministry at St. Alban's

We have a brand new audio/video system, and we'll need volunteers

to run it on Sunday mornings. If you have any interest in learning a little about live-streaming on the internet and learning some news skills in the area of video production, [please click here for more information.](#)

Donate flowers to help beautify our Sunday worship

[*A flower chart is now online for Sunday flower dedications.*](#)

An altar flower dedication is a wonderful way to honor a loved one who is no longer with us, to celebrate a milestone or date that is important and meaningful to you, or to just give thanks and praise to God with beautiful flowers. [Click here to find out more, or to make an altar flower dedication.](#)

[**May Edition of The Word**](#)

FRIDAY SOCIAL HOUR

Friday Social Hour will be tomorrow at 4:30pm- another reminder with log in details will go out tomorrow morning. Hope you can be there!



[**Previous editions of The Word available here.**](#)

PRAYERS

For the Sick and the Suffering in our Parish: Gail Allison, Laura Barker, Nancy Calvert, Ava Campbell, Barbara Chatelain, Evangeline Clark-Wiles, John Clements, Emma Conkle, Don Craver, Casey Cummings, Mary Ann Daymont, Penny DeFilippi, David Hamnett, Ray Hanlein, Bob Fones, Nancy Harrell, Adam Hutson, Ralph Kelley, Margaret Pendley, Ginny Peters, Jerry Sare, Sally Sare, Debbie Schrag, Ingrid Schwartz, Ginger Shea, Cheryl Sinsabaugh, Michael Sinsabaugh, Dottie Stacy, Bari St. Cyr, Camille Stern, Evie Tanner, Tammy Thomas, Trudy Van Balen, Kenneth Youngert.



For the Sick and the Suffering — Family and Friends: Michael Arnold, Larry and Jean Babb, Aly Bailey, The Berry family, Cindy Campos, Chris, Bill Comiski, Barbara Cook, Jean Cothran, Jean & Greg Cox, MerriBeth Cully, Dan Daddario, Grace Davidson, Tom Davidson, Amy Falcon, Don Garner, Barbara Gilbert, Lisa Groulx, Lee Helfrich, Rev. Jackie Holcomb, Darla Hopkins, Dwight & Lydia Hutchinson, Jenny Kelley, Heidi Kharbanda, Frank Korff, Lee Sr. and Lee Jr., Liz Lybrand, Sue Marshall, Donell Mathews, Janet and Earnest McFall, Maryanne Moyers, Lynn and Bob Nanney, Wilmot OLoughlin, Mr. & Mrs. Perina, Harry Rees, Karen Rhett, Mark Roosma, Ema Rosasco, Anne Sibert, Patricia

Shepherd, Richard Stearman, Brooks Travis, Robert & Bobbi Walker, Dick Youngblood.

Flowers on the altar given to the glory of God by: Patricia Elder in memory of John Warren Craft and James Leo Elder and by an anonymous donor, in memory of Richard Froh.

New on the prayer list: Tammy Thomas

Prayers for the departed: Bob Shearer, great uncle of Fr. Paul; Richard Froh, husband of Fay.

Prayers for those who are travelling and for our military and civilians who serve their nation working for peace: Jed Andrews, Cory Curran, Bobby Dubas, Mike Fitzpatrick, Matthew Hanson, Ian Jarvis, Susan Matthews, Annie Robinson, Daniel Stephenson and Matthew Trollinger.

Birthday Prayers: Mary Lou Cooper, 5/23; Richard Rosse, 5/25, Steve Peck, 5/25; Phil Huheey, 5/27; Finley Devereux, 5/27; Carolyn Krafft, 5/27; Fritz Gilbert, 5/28.

In the Parish Cycle of Prayer: Please pray for the poor, the sick, the hungry, the oppressed, and those in prison, and pray for our nation and its leaders in this time of crisis.

The Diocesan Cycle of Prayer: Holy Comforter, Vienna; St. Anne's, Reston; St. Paul's Owens, King George; St. Stephen's, Richmond.

In the Anglican Cycle of Prayer: Pray for The Anglican Church of Melanesia.

*To place a name on the prayer list contact the parish office at
703-256-2966 or email **Tammy Thomas**
Updates regarding those on this list are greatly appreciated.
For pastoral emergencies please call (571) 383-6096.*

Deadline for submitting announcements for SAM is every Tuesday at 5pm.

