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#### **Eleventh Sunday after Pentecost - Proper 14**

### This Week's Readings

2 Samuel 18:5-9, 15, 31-33
Psalm 130

**Ephesians 4:25-5:2 John 6:35, 41-51** 

Find out about this week's events: **Go to the Calendar.** 



This week, we welcome a special guest preacher for our Sunday worship: the Rev. Halim Shukair, Priest-in-Charge, Mother of the Savior Church, and Assistant Priest, Christ Episcopal Church, both in Dearborn, Michigan. Fr. Halim has a unique ministry, leading a joint mission of the Episcopal Church and the Evangelical Lutheran Church in America (ELCA), and the first Arabic-speaking congregation in the Episcopal Church.

Click here for more information on Fr. Shukair.

Caregivers' Support

August 8, 11:30 am

(following the 10:15 service)

The next Caregivers Session will be Sunday, August 8 at 11:30 a.m. If you provide physical, financial, emotional, or spiritual care for a loved one, please join us for this hybrid session. We'll meet at St. Alban's and by Zoom. Please RSVP to <a href="Deacon Theresa">Deacon Theresa</a> if you would like to receive the Zoom log-in.

# Register now for Shrine Mont! Friday, October 1 - Sunday, October 3!

Click here for online registration for our Shrine Mont weekend.

Paper forms are also available in the narthex.

Join your St. Alban's friends for our parish weekend at Shrine Mont Friday, October 1 - Sunday, October 3!

## The Poe Middle School Food Distribution Program is now the Braddock Elementary School Distribution Program

As Heraclitus said, "There is nothing permanent except change." Our Poe Middle School food distribution program is transitioning to work with Braddock Elementary School for the Summer. We'll be back at Poe this Fall, but we are looking for volunteers now to help pack and transport bags of food for Braddock Elementary families.

Click here to find out more

or

<u>click here to sign up for our August date.</u>

# Donate flowers to help beautify our Sunday worship A flower chart is now online for Sunday flower dedications.

An altar flower dedication is a wonderful way to honor a loved one who is no longer with us, to celebrate a milestone or date that is important and meaningful to you, or to just give thanks and praise to God with beautiful flowers. Click here to find out more, or to make an altar flower dedication.



## Click here for the July/August edition of our newsletter, The Word

<u>Previous editions of The Word available</u> here.

#### **PRAYERS**

For the Sick and the Suffering in our Parish: Alec Albergottie, Gail Allison, Jenn Aument, Laura Barker, Nancy Calvert, Ava Campbell, Barbara Chatelain, Evangeline Clark-Wiles, John Clements, Don Craver, Casey Cummings, Mary Ann Daymont, Penny DeFilippi, Bob Fones, Moe Fraunfelder, Kate Giroux, David Hamnett, Nancy Harrell, Debbe Hughes, Ralph Kelley, Rev. Lucretia Mann, Margaret Pendley, Ginny Peters, Benny Robles, Jerry Sare, Sally Sare, Debbie Schrag, Ginger Shea, Cheryl Sinsabaugh, Michael Sinsabaugh, Dottye Stacy, Bari St. Cyr, Evie Tanner, Tammy Thomas, Trudy Van Balen, Kenneth

Youngert.

For the Sick and the Suffering — Family and Friends: Michael Arnold, Larry and Jean Babb, Aly Bailey, The Berry family, David Bryson, Cindy Campos, Chris, Bill Comiski, Barbara Cook, Jean Cothran, Jean & Greg Cox, MerriBeth Cully, Dan Daddario, Grace Davidson, Tom Davidson, Amy Falcon, Don Garner, Lisa Groulx, Keith Heimann, Rev. Jackie Holcomb, Darla Hopkins, Dwight & Lydia Hutchinson, Jenny Kelley, Heidi Kharbanda, Frank Korff, Lee Sr. and Lee Jr., Liz Lybrand, Sue Marshall, Donell Mathews, Janet and Earnest McFall, Susan Metsala, Maryanne Moyers, Lynn and Bob Nanney, Wilmot OLoughlin, Mr. & Mrs. Perina, Harry Rees, Karen Rhett, Mark Roosma, Ema Rosasco, Anne Sibert, Patricia Shepherd, Richard Stearman, Brooks Travis, Dick Youngblood.

Flowers on the altar given to the glory of God by: David & Wendy Hamnett in thanksgiving for our 45th wedding anniversary.

Prayers for those who are travelling and for our military and civilians who serve their nation working for peace: Jed Andrews, Cory Curran, Bobby Dubas, Mike Fitzpatrick, Matthew Hanson, Ian Jarvis, Susan Matthews, Annie Robinson, Daniel Stephenson and Matthew Trollinger.

**Birthday Prayers:** Sue Mairena, 8/10; Jeanette Jarvis, 8/11; Remy Jurenas, 8/11; David Lesko, 8/11; Donna Archer, 8/12; Fr. Paul, 8/13; Jack Devereux, 8/14; Ryan Farley, 8/14.

**In the Parish Cycle of Prayer:** we give thanks for all volunteers in our parish family, named and unnamed, known and unknown, who give of their time and talent for the furthering of your Kingdom, for your glory and honor and the benefit of this parish.

**The Diocesan Cycle of Prayer:** pray for all Ushers, Acolytes, Eucharistic Ministers and Lay Readers

**In the Anglican Cycle of Prayer:** pray for The Church of South India (United)

To place a name on the prayer list contact the parish office at 703-256-2966 or email <u>info@stalbansva.org</u>
Updates regarding those on this list are greatly appreciated.

For pastoral emergencies please call (571) 383-6096.

Deadline for submitting announcements for SAM is every Tuesday at 5pm.



