

# Saint Alban's

 **MESSAGE**

Vol. 16, No. 43 | October 10, 2021 | [WeAreStAlbans.org](http://WeAreStAlbans.org)

## Lectionary Readings for this Sunday Proper 23

[Job 23:1-9, 16-17](#)

[Hebrews 4:12-16](#)

[Psalms 22:1-15](#)

[Mark 10:17-31](#)

Find out what's happening this week!

[Go to the Event Calendar.](#)

[View the Sunday serving schedule here](#)

or

[sign up to serve here.](#)

The St. Alban's Parish Life Committee invites you to

**Oktoberfest**

**this Saturday!**

Oktober 9th

**5:00pm-7:00pm**

In the St. Alban's parish hall

Break out your lederhosen and join us for sauerkraut, bratwurst, bier und ein bisschen Oktoberfest Gemütlichkeit.\* Sheltered, outdoor seating will be provided in the courtyard, weather permitting.

Bring a side dish or desert to share.

St. Alban's will provide the beer, the bratwurst and hotdogs.

Music by *Malarkey!*

All are invited – all are welcome! Please join us!

\*a little Oktoberfest atmosphere

October 10

October 10th, is our annual Blessing of the Animals. All furry, feathered and scaly pets are invited and welcome for a special blessing at both of our services: 8:15 and 10:15 am, in celebration of the Feast of St. Francis.

The blessings will be at the end of the service, so your pets are welcome to join us for worship in the church - we welcome the barking and the meowing. Hope to see you there!

Final Days to participate in the Spiritual Life Inventory Survey

**The deadline to complete the Spiritual Life Inventory is 11:59 pm Sunday, October 10.**

We have received over 100 responses, but more input will make our results more accurate and a better reflection of our congregation.

If you haven't already done so, please set aside 15-20 minutes for the survey - we value your input. **You can access the Spiritual Life Inventory here.**

St Alban's Online Sunday  
School presents  
**THE LORD'S PRAYER**



Saturday mornings on YouTube  
Starting Oct 17 (thru Nov 21)

Six lively video lessons for kids on this important prayer taught by Jesus, with accompanying take-home activities available in the Narthex. Contact [Fr. Paul](#) or [Adam Hutson](#) for details.

Our Sunday Ministry Table focuses on  
Education for Ministry (EFM)  
Intercessory Prayer Group  
Contemplative Prayer

This week we're highlighting education and prayer ministries at St. Alban's. EFM is a 4-year curriculum that provides a framework for understanding life and shaping actions as Christian faith is deepened. Our Intercessory Prayer Group brings the needs of family and friends to God in a confidential, caring way, and Contemplative Prayer is the discipline of silence - waiting for God's voice.

Stop by the information table in the narthex to find out how you can be part of these important ministries at St. Alban's.

When you do stop by, ask yourself, "Where is God calling me to serve?" We can help find the "right fit" for you and your lifestyle. Whether you have one hour of time to donate or can chair an entire committee, there is a place for everyone at St. Alban's. Representatives from each ministry will be available to discuss how our combined effort serves the mission of St. Alban's.

For more info, contact Karen or Rick Weinberg at [rweinberg1@cox.net](mailto:rweinberg1@cox.net).

## Fall Adopt-a-Highway Cleanup of Sleepy Hollow Road

Let's pick up some trash along our adopted mile of Sleepy Hollow Road. Adults and children over 10 are invited to don gloves and orange vests to pick up litter and show our neighbors we care. The cleanup will be at 2 p.m. on Sunday, Oct. 17 (immediately following the Youth Group meeting). It usually takes less than an hour. Meet in the church parking lot, and bring vests and grabbers if you have them at home. Rain date: Saturday, Oct. 30. If you can make it, RSVP to Elizabeth at [ehowton@stanfordalumni.org](mailto:ehowton@stanfordalumni.org).

---

### Drivers are needed for the Shepherd's Center of Annandale Springfield-ACCA transportation program

Volunteers are needed to provide rides to medical appointments, grocery shopping, and food banks for persons age 50 or older who cannot drive themselves. Volunteers are asked to strive to drive at least once per month, unless there are extenuating circumstances, but dates and times are flexible. If interested, please contact the Shepherd's Center at **703-941-1419** or [shepherdscas@vacoxmail.com](mailto:shepherdscas@vacoxmail.com).

---

### Afghan Resettlement: Temporary Housing Needed

Lutheran Social Services of the National Capitol Area (LSSNCA) continues to resettle Afghan SIVs (Special Immigration Visa holders) and other evacuees in our area. In addition to [donations](#) and [volunteers](#), they are seeking [temporary housing](#) for those who do not have relatives in our area while LSSNCA works to find them an apartment. They are looking for individuals and communities who might have an apartment or mother-in-law suite available with a separate entrance, kitchen, and bathroom. Contact LSSNCA using this [link](#) or call (202) 723-3000 to offer temporary housing

---

### Help Hungry Families at Poe Middle School and Its Feeder Elementary Schools

**Beginning Wednesday, September 22 and repeating every two weeks | 2:15 - 5:00 pm**

The Poe Middle School food program is back in session, and we are distributing essential food items to needy families. We need volunteers to help pack (2:15 - 3:15 pm at St. Alban's) or transport and distribute food (3:15-5 pm at H-Mart, Heritage Drive in Annandale.) Sign up for one or both shifts, whichever fits your schedule! For questions, email Nell Dillard at [nelldillard@hotmail.com](mailto:nelldillard@hotmail.com).

**[Learn more here](#) | [Sign up to volunteer!](#)**

## Mentors for Children Needed!

Belvedere Elementary School is recruiting mentors for the current school year. Meeting weekly in-person with an assigned student, a mentor is a caring, responsible person who gives one-on-one time to a student and encourages the student to develop his or her strengths and capabilities. If you are interested serving as a mentor, contact school counselor Paige Simpson by phone 703-916-6811 or **email [pesimpson1@fcps.edu](mailto:pesimpson1@fcps.edu)**.

---

## The Muldoon Memorial Concert Series kicks off soon!

Mark your calendars for the first Muldoon Memorial Concert of the 2021-2022 season: the Washington Saxophone Quartet will perform Sunday, November 7<sup>th</sup>, at 4 PM in Frizzell Hall. You've probably heard them playing an arrangement of the "All Things Considered" theme song between segments on NPR! Masks will be required and seating will allow for social distancing.

The Muldoon Memorial Concert Series was established in 1990 to offer high-quality musical performances for our parish and the surrounding area. We invite your support of this endowed series, to help build toward the long-term goal of making it fully self-sustaining. For more information about the Muldoon Concert series, including how to contribute to the concert fund, you can visit the church website's Muldoon page **here**, or grab a letter and donation form in the narthex.

## Annual Parish Christmas Bazaar News

The Christmas Bazaar will be here before you know it and the bazaar closet is open for your donations!

Please place items in boxes or sturdy bags marked with what's inside. As you are choosing items to donate, please consider what you or others would like to buy. All items should be clean and in good condition. Please make sure any battery-operated items have a battery so the customer can see that they work. For more information, contact please contact the bazaar co-chairs Nancy Calvert, Sue Mairena and Nick Huskins at **[bazaar@stalbansva.org](mailto:bazaar@stalbansva.org)**.

Raffle Prizes needed! We need prizes that will attract ticket buyers of all ages. You could donate sporting event, theater or concert tickets, an offer of professional services such as decorating a special cake or raking leaves or detailing a car, or even gift cards! You can use the following URL to make your raffle donation (\$75 minimum): **<https://cmpeck.wufoo.com/forms/st-albans-christmas-bazaar-raffle/>**. Please contact Chris Peck **[cmpeck02@verizon.net](mailto:cmpeck02@verizon.net)** or Stephanie Lightner **[stephanielightner55@gmail.com](mailto:stephanielightner55@gmail.com)** for additional information.

Nancy, Sue & Nick

---

**[Click here for the October edition of our](#)**

## Altar Flowers for Sunday Worship

Dedicating altar flowers is a wonderful way to remember a loved one, to celebrate a milestone or important date, or to simply give thanks to God with beautiful flowers.

[Click here to make an altar flower dedication.](#)

### PRAYERS

**For the Sick and the Suffering in our Parish:** Alec Albergottie, Gail Allison, Jenn Aument, Laura Barker, Nancy Calvert, Ava Campbell, Barbara Chatelain, Evangeline Clark-Wiles, Don Craver, Casey Cummings, Mary Ann Daymont, Moe Fraunfelder, Kate Giroux, David Hamnett, Nancy Harrell, Debbe Hughes, Ralph Kelley, April Kreller, Rev. Lucretia Mann, Duncan McBride, Ginny Peters, Benny Robles, Jerry Sare, Sally Sare, Debbie Schrag, Ginger Shea, Cheryl Sinsabaugh, Michael Sinsabaugh, Dottye Stacy, Bari St. Cyr, Evie Tanner, Trudy Van Balen, Kenneth Youngert.

**For the Sick and the Suffering — Family and Friends:** Michael Arnold, Larry and Jean Babb, Aly Bailey, Bill Bearden, The Berry family, Rebecca Bullen-Peabody, Chris, Bill Comiski, Barbara Cook, Jean Cothran, Jean & Greg Cox, Phyllis Cullen, MerriBeth Cully, Dan Daddario, Grace Davidson, Tom Davidson, Amy Falcon, Don Garner, Lisa Groulx, Keith Heimann, Rev. Jackie Holcomb, Darla Hopkins, Dwight & Lydia Hutchinson, Heidi Kharbanda, Frank Korff, Lee Sr. and Lee Jr., Liz Lybrand, Sue Marshall, Donell Mathews, Janet and Earnest McFall, Susan Metsala, Maryanne Moyers, Lynn and Bob Nanney, Wilmot O'Loughlin, Mr. & Mrs. Perina, Russ Potts, Harry Rees, Karen Rhett, Mark Roosma, Ema Rosasco, Anne Sibert, Patricia Shepherd, Richard Stearman, Brooks Travis, Dick Youngblood.

**Altar flowers** are given to the glory of God by **Sally and Ray Hanlein** in thanksgiving for their 50<sup>th</sup> wedding anniversary and **Anonymously** in honor of the Altar Guild

**Prayers for the departed:** Danny Kreller, uncle of April Kreller; and Tammy Thomas, former St. Alban's parish secretary

**Prayers for those who are travelling and for our military and civilians who serve their nation working for peace:** Jed Andrews, Cory Curran, Bobby Dubas, Mike Fitzpatrick, Matthew Hanson, Ian Jarvis, Susan Matthews, Annie Robinson and Daniel Stephenson.

**Birthday Prayers:** Doris Lewis, 10/10; Kyle McKenzie, 10/10; Jack Summers, 10/12; Chris Hite, 10/13; Pam Matthes, 10/13; Ellen Gerdes, 10/14; Patricia Elder, 10/15.

**The Parish Cycle of Prayer:** give thanks for the members of the Parish Life Committee and the important work they do bringing fellowship and hospitality to our parish family.

**The Diocesan Cycle of Prayer:** pray for Emmanuel Church, Alexandria; Emmanuel Church, Harrisonburg and St. John's Church of Hanover-with-Brunswick Parish, King George.

**The Anglican Cycle of Prayer:** pray for The Church of the Province of West Africa.

*To place a name on the prayer list contact the parish office  
at 703-256-2966 or email [info@stalbandsva.org](mailto:info@stalbandsva.org)  
Updates regarding those on this list are greatly appreciated.*

**For pastoral emergencies please call (571) 383-6096.**

---

Deadline for submitting announcements for SAM is every Tuesday at 5pm.

