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# Saint Alban's

 MESSAGE

Vol. 17, No. 43 | September 11, 2022 | [WeAreStAlbans.org](http://WeAreStAlbans.org)

## Lectionary Readings for the Fourteenth Sunday after Pentecost

Jeremiah 4:11-12, 22-28

Psalm 14

1 Timothy 1:12-17

Luke 15:1-10

**We are still in need of ministers for the following service:**

**8:00am - Crucifer (1), Torchbearer (2), Usher (1), Coffee Hour (2), LEM (2)**

**10:30am - Torchbearer (2), Intercessor (1), Lector (1), Coffee Hour (3), LEM (2)**

**Sign up [HERE!](#)**

**Please note that you can sign up to be a Lector, Intercessor, and Usher with no training. Coffee hour is also easy with these tutorials. Just sign up!**

## Happening This Week

**[Go to the Event](#) [Go to the Event](#) [Go to the Event Calendar](#)  
[View the Sunday serving schedule](#) | [Sign up to serve!](#)**

**[Sign Up for Services](#)**

## The Word: September 2022



**The [September issue](#) is here!**  
**Read this month's edition.** (Physical copies are available in the narthex)  
[Previous editions of The Word available here.](#)

**August and September at a Glance**

### **Weekdays**

Morning Prayer | [Zoom](#) | 8:00am (further info [here](#))

### **Tuesdays**

Eucharist with Healing | 9:00am

### **Wednesdays**

Compline | [Zoom](#) | 8:00pm

### **Sundays**

Episcopal 101 | Room 11 | 9:15am (see below)

Holy Eucharist - Rite II | 8:00am & 10:30am

### **September 9**

Family Dinner and Movie Night | Parish Hall | 5:30pm

### **September 11**

Ministry Fair | Parish Hall | After 10:30am Service

Youth Ministry Kickoff | Parish Hall | 12:00-1:30pm

### **September 15**

Sacred Ground Kickoff w/ Bp. Curry | Room 11 (or [online](#)) | 1:30pm

### **September 21**

Braddock Elementary Grocery Distribution | Parish Hall | [Various](#)

### **September 29**

Poe Middle After-School Meal Program | [Click Here for Times/Locations](#)

## **Family Movie and Dinner Night Tomorrow Night!**

Family Movie and Dinner night: **Friday, September 9th, 5:30pm**, Parish Hall. Don't worry about making dinner! Come hang out, watch a family friendly movie, and enjoy someone else's cooking.

## **Ministry Sunday Returns September 11th**

Ministry Sunday will be back in the Parish Hall this year. Join us September 11, 2022, immediately following the 10:30 Holy Eucharist. Representatives from each ministry will be available to discuss how our combined effort serves the mission of St. Alban's. Please be supportive and plan to stop by for a visit, and when you do, ask yourself, "Where is God calling you to serve?" We can help find the "right fit" for you and your lifestyle. Whether you have one hour of time to donate or can chair an entire committee, there is a place for everyone at St. Alban's. For more information, please contact Karen or Rick Weinberg at [rweinberg1@cox.net](mailto:rweinberg1@cox.net).

## **Sacred Ground Kickoff with Presiding Bp. Michael Curry September 15th. 1:30pm**

On September 15, 2022, Presiding Bishop Curry will hold a webinar session with the Church to share his vision for racial reckoning and justice ministry for the next two years. We will be holding a watch party, starting at **1:30pm in**

**Room 11**, for anyone who would like to join us for this special webinar! [Please click here for more information on the watch party, or to watch the webinar on your own.](#)

**[Click Here for Direct Link for Zoom Registration](#)**

## Early Registration is now Open for Sunday School

We are excited to announce that early registration is open for Sunday School (grades Pre-K through High School). Please register your children by going to the **[church website](#)**. This information is very important for parish record keeping. For more information on registration or about St. Alban's Sunday School, please see Adam Hutson or email us at [sundayschool@stalbansva.org](mailto:sundayschool@stalbansva.org).

Don't forget: Sunday School returns on **9/18 at 9:15 am**.

## RSCM Chorister Program - Help Spread the Word!

St. Alban's is launching a Royal School of Church Music (RSCM) Chorister program in September. Choristers and their families can choose between Wednesday or Thursday rehearsals, and Choristers will work one-on-one and in small groups with a dedicated professional Vocal Coach. ***The program is free*** and any child aged eight and older with an unchanged voice is welcome to participate.

If you know of any children who love to sing, please share the news of this program with them. You can visit the music page at [www.wearestalbans.org/music](http://www.wearestalbans.org/music) for a full program description. There are also postcards sprinkled across campus – please feel free to grab a few and post them in your favorite coffee shop. Volunteer and other administrative support will also be gratefully accepted. Thank you for your support of this important work!

## Have you always wanted to be a Coffee Hour Host...

*...but were a little intimidated by the kitchen equipment?*

Fear no more! Check out our new, **[on-line kitchen tutorial](#)**! It will change your life! Contact **[Debbie Rosse](#)** or **[Peter Larson](#)** for more information on being a Coffee Hour Host!

Many thanks to Debbie Rosse, Peter Larson, and Kevin Holland for producing and posting these helpful videos.

## Help Out the Families of Braddock Elementary School

Every other Wednesday, St. Alban's provides two bags of nutritious foods to 35 grateful families who have been identified as "in need" by the school's family resource teacher. Volunteers are needed to pack the bags or deliver them to a central location where we meet the families. We love new volunteers and it is very rewarding, so please consider joining us.

Our next Wednesday is **September 21st**. Click on **[this link](#)** to sign up!

If you have any questions, email Nell Dillard at [nelldillard@hotmail.com](mailto:nelldillard@hotmail.com).

## Poe Middle After-School Meal Program Resumes September 29th

St. Albans will serve its first hot meal of the school year to middle schoolers who participate in Poe's after-school activities on **Thursday, September 29**. More than two-thirds of the students in the after-school programs receive free- or reduced-priced breakfasts and lunches, and so our meals support those who face food insecurity at home at the end of the day. We have learned and servers have witnessed that these students very much look forward to, and are grateful for, these hot meals. Here's your opportunity to support this outreach!

Volunteers are needed to shop on your own schedule beforehand and to cook, transport, serve, and clean up on the day-of.

Click this [link](#) to learn more and to sign up.

## Looking to Go Deeper in your Faith?

Are you interested in exploring further what it means to "be Christian" in your daily life? Do you ever come home from church on Sunday and think, "well, that was nice -- but what does it have to do with everything else?"

A small "discipleship group" of St. Alban's parishioners has been meeting for the past several months (see the September issue of The Word for an article about their experiences). Now we are interested in helping one or two other groups form.

As Presiding Bishop Michael Curry said recently about the need for churches to focus on discipleship and small groups: "Being a member of a church is nice, but that's just the beginning ... We don't need to make more Church-ians, we need to make more Christ-ians."

If you're interested in learning more, [click here](#) and complete the online form. Be sure to include any questions you might have in the comments field.

## Conversations About Mary

**Sundays at 9:15 am | Room 11**

New to the Episcopal Church? New to St. Alban's? Curious about your faith or your church? Come join us on Sunday mornings in Room 11 to find out everything you always wanted to know about the Episcopal Church... (but were afraid to ask!) Come prepared to ask questions!

## Save the Date: Muldoon Concert Series Returns October 23rd

The 2022-2023 Muldoon Memorial Concert Series will start **Sunday, October 23 at 4:00 PM**, with a concert by local flute *virtuosa* and pedagogue Carrie Rose. You can find a letter in the Narthex with the other

performance dates, as well as information about how to support the series. Please pick one up, mark your calendars, and prayerfully consider donating to support this year's concerts and help grow our endowment. For more information, feel free to contact Adam D. at [adetzner@stalbandsva.org](mailto:adetzner@stalbandsva.org).

## Holy Land Pilgrimage: October 5-15, 2023

### Footsteps of Jesus | St. George's College, East Jerusalem

There is still time to join our pilgrimage to the Holy Land...the course remains open until filled. Talk to Fr. Paul if you have questions or are curious.

### 2023 Holy Land Pilgrimage Information

## A Reminder for Ministry Leaders

Deadlines for SAM submissions are 9am on Wednesday mornings. This is a **hard** deadline.

## Parish Prayers this week:

### For the Sick and the Suffering in our Parish

Gail Allison, Harris Andrews, Jenn Aument, Nancy Calvert, Ava Campbell, Barbara Chatelain, Evangeline Clark-Wiles, Don Craver, Casey Cummings, Mary Ann Daymont, Nell Dillard, David Hamnett, Nancy Harrell, Ralph Kelley, Kay Lusk, Steve Lusk, Gean Martin, Jack Martin, Duncan McBride, Elizabeth Ninde, Elayne O'Loughlin, Allison Canales Romero, Jerry Sare, Sally Sare, Debbie Schrag, Ginger Shea, Cheryl Sinsabaugh, Dottie Stacy, Bari St. Cyr, Camille Stern, Evie Tanner, Fran Walinsky, Cathy Williams, Kenneth Youngert, Kathryn Zimmerman, Sara Zimmerman.

### For the Sick and the Suffering: Family and Friends

Tom Baden, Pat Beck, Ann Bobeck, Anders Brenden (nephew of Fr. Paul), Matthew Conner, Barbara Cook, Jean Cothran, Jean & Greg Cox, Kate Dora Games Thiel, Rita Johnson, Juliana Jurenas, Lora Kempfe, Wray Kinard, Fred Lusk, Liz Lybrand, Sue Marshall, Donell Mathews, James and Janice McPhee, Susan Metsala, Lynn and Bob Nanney, Adele Neuberg, Anita O'Dea, Wilmot O'Loughlin, Evelyne Orlander, Margery Peck, The Premock Family, Glenn Reichenbach, Tricia Richardson, Charlotte Schmidt, Susie Simko, Mike Speer, James Vogel, Cabell Westbrook.

### Altar Flowers

By Izanne Zorin in memory of Gerhard deBeer

### For the Departed

Queen Elizabeth II

### For Those in Military Service and Civilians Working Around the World

Bobby Dubas, Daniel Stephenson.

### For Birthdays This Week

Camille Stern (9/11), Ron Vogel (9/12), Lydia Talamante (9/13), John Lesko (9/15), Mary Trice (9/15), Elizabeth Petersilia (9/16), Penny DeFilippi (9/17), Allison Perina (9/17)

### Parish Cycle of Prayer

We thank you for calling us to minister with you and for you at St. Alban's, in Annandale, and around the world.

### Diocesan Cycle of Prayer

Abingdon, White Marsh; St. Gabriel's/San Gabriel's, Leesburg; and St. Thomas, Mclean.

### Prayer for the Victims of Uvalde

Giver of life and love: you created all people as one family and called us to live together in

peace. Surround us with your love as we face again the tragedy of gun violence. We pray for the children and adults who were killed at Robb Elementary School; the many who were wounded and hospitalized; the traumatized, grieving survivors; and those known to you alone.

**Anglican Cycle of Prayer**  
The Church of Bangladesh

*To place a name on the prayer list contact the parish office  
at 703-256-2966 or email [info@stalbansva.org](mailto:info@stalbansva.org)  
Updates regarding those on this list are greatly appreciated.*

**For pastoral emergencies please call (571) 383-6096.**

**Deadline for submitting announcements for SAM is every Wednesday at 9:00am.**



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