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Saint Alban's

 **MESSAGE**

Vol. 19, No. 45 | September 25, 2022 | WeAreStAlbans.org

Lectionary Readings for the Sixteenth Sunday after Pentecost

[Jeremiah 32:1-3a, 6-15](#)

[Psalm 91:1-6, 14-16](#)

[1 Timothy 6:6-19](#)

[Luke 16:19-31](#)

We are still in need of ministers for the following service:

8:00am - Torchbearer (2), Usher (1), LEM (2)

10:30am - Torchbearer (1), Intercessor (1), Usher (1), Coffee Hour (3)

[Sign up HERE!](#)

Please note that you can sign up to be a Lector, Intercessor, and Usher with no training. Coffee hour is also [easy with these tutorials](#). Just sign up!

Happening This Week

[Check out the Event calendar!](#)

[Sign Up to Serve!](#)

The Word: September 2022



The September issue is here!

[Read this month's edition.](#) (Physical copies are available in the narthex)

[Previous editions of The Word available here.](#)

August and September at a Glance

Weekdays

Morning Prayer | [Zoom](#) | 8:00am (further info [here](#))

Tuesdays

Eucharist with Healing | 9:00am

Wednesdays

Choristers | Room 12 | 5:00pm

Compline | [Zoom](#) | 8:00pm

Thursdays

Choristers | Room 12 | 5:00pm

Bell Choir Rehearsal | Room 12 | 6:30pm

Adult choir Rehearsal | Room 12 | 7:30pm

Sundays

Christian Education for All Ages | 9:15am

PreK - K | Room 15

1st - 3rd Grade | Room B4 (Basement)

4th - 6th Grade | Room 13

7th - 12th Grade | Youth Room

Adult Forum (more info below) | Room 11

Holy Eucharist - Rite II | 8:00am & 10:30am

Special Events Coming Up

September 29

Poe Middle After-School Meal Program | [Click Here for Times/Locations](#)

October 5

Braddock Elementary Food Distribution | [Click Here for Times/Locations](#)

October 8

Oktoberfest | Parish Hall | 5:00 - 7:00 PM

October 9

Blessing of the Animals | During 8:00 AM and 10:30 AM Services

October 16

Caregiver Support Group | Room 11 | After the 10:30 Service

COVID-19 Updates

Over the past several months we have been implementing changes to return to our pre-COVID worship routine. Below is a recap of changes to our Sunday worship:

- We are once again serving the chalice at Communion. Instructions and guidance are printed in the bulletin, but we ask that you not dip your wafer in the wine. We are only sipping from the common cup. Should you not wish to drink from the cup, we ask that you touch the base of the chalice as the minister says the words of ministration.

· We are returning to our previous Communion “traffic pattern.” The ushers will release each row to come down the center aisle for Communion, and we ask that you return to your seat via the side aisles.

· Prayer books and hymnals were removed from the church out of concern for viral spread. That is no longer a concern, so we will return to using the BCP’s in the pews. The service will no longer be printed in full in the Sunday bulletin.

Adult Forum: The Creeds of the Christian Church God the Father

Sundays at 9:15 am | Room 11

This Sunday is part 2 of a 4-part series on the Apostle’s Creed. We will discuss the significance and meaning of the first article of the Apostle’s Creed: I believe in God, the Father Almighty, creator of heaven and earth. Parts 3-4 will cover the other articles of the Apostle’s Creed. Whether you can attend all 4 sessions or not, please join us for any or all of them!

Poe Middle After-School Meal Program Resumes September 29th

St. Albans will serve its first hot meal of the school year to middle schoolers who participate in Poe’s after-school activities on **Thursday, September 29**. More than two-thirds of the students in the after-school programs receive free- or reduced-priced breakfasts and lunches, and so our meals support those who face food insecurity at home at the end of the day. We have learned and servers have witnessed that these students very much look forward to, and are grateful for, these hot meals. Here’s your opportunity to support this outreach!

Volunteers are needed to shop on your own schedule beforehand and to cook, transport, serve, and clean up on the day-of.

Click this [link](#) to learn more and to sign up.

Help Out the Families of Braddock Elementary School

Every other Wednesday, St. Alban’s provides two bags of nutritious foods to 35 grateful families who have been identified as "in need" by the school's family resource teacher. Volunteers are needed to pack the bags or deliver them to a central location where we meet the families. We love new volunteers and it is very rewarding, so please consider joining us.

Our next Wednesday is **October 5**. Click on [this link](#) to sign up!

If you have any questions, email Nell Dillard at nelldillard@hotmail.com.

Coats 4 Kids

Again this year, St. Alban's is providing brand new warm winter coats for children at Braddock Elementary.

It's easy to help! Just take a leaf from the display in the Narthex. It will have a coat size on it, and all you have to do is purchase a new coat in that size. Next week, you can return the coat to the Narthex. If you are going to Shrinemont, feel free to bring the new coat and pass it along to Jo Hodgins. The coat drive will continue for several weeks, but the sooner we can get coats to kids, the better.

Thank you for keeping a child warm this winter!

Oktoberfest

Oktoberfest

The St. Alban's Parish Life Committee invites you to

Saturday, Oktober 8th
5:00pm-7:00pm
In the St. Alban's parish hall

Break out your lederhosen and join us for sauerkraut, bratwurst, bier und ein bisschen Oktoberfest Gemütlichkeit.* Sheltered, outdoor seating will be provided in the courtyard, weather permitting.

Bring a side dish or desert to share.
St. Alban's will provide the beer, the bratwurst and hotdogs.

All are invited – all are welcome! Please join us!

*a little Oktoberfest atmosphere

Blessing of the Animals

Sunday, October 9, is our annual Blessing of the Animals. All furry, feathered, and scaly pets are invited and welcome for a special blessing at both of our services: 8:00 and 10:30 AM, in celebration of the Feast of St. Francis.

The blessings will be at the end of the service, so your pets are welcome to join us for worship in the church - we welcome the barking and the meowing. Hope to see you there!

Caregiver Support Group

The Caregivers' Support Group will continue meetings on Sunday, **October 16, after the 10:30 AM service in Room 11**. If you provide physical, financial, emotional, or spiritual care for a loved one, we invite you to join us.

Save the Date: Muldoon Concert Series Returns October 23rd

The 2022-2023 Muldoon Memorial Concert Series will start **Sunday, October 23 at 4:00 PM**, with a concert by local flute virtuosa and pedagogue Carrie Rose. You can find a letter in the Narthex with the other

performance dates, as well as information about how to support the series. Please pick one up, mark your calendars, and prayerfully consider donating to support this year's concerts and help grow our endowment. For more information, feel free to contact Adam D. at adetzner@stalbansva.org.

Christmas Bazaar: Donations Needed!

The Bazaar will be here before you know it!

Please place items in boxes or sturdy bags marked with what's inside.

When choosing items to donate, please consider what you or others would like to buy. All items should be clean and in good condition. Please make sure any battery-operated items have a battery so the customer can see that they work.

For more information, contact the bazaar co-chairs Nick Huskins, Bethany Bower and Jon Scarfe at bazaar@stalbansva.org.

Donations for Bazaar Raffle Prizes can be made by clicking [here!](#) We are seeking items with a minimum \$75 value

Sunday School Is Now Open

We are excited to announce that registration is open for Sunday School (grades Pre-K through High School). Please register your children by going to the [church website](#). This information is very important for parish record keeping. For more information on registration or about St. Alban's Sunday School, please see Adam Hutson or email us at sundayschool@stalbansva.org.

RSCM Chorister Program - Help Spread the Word!

St. Alban's is launching a Royal School of Church Music (RSCM) Chorister program in September. Choristers and their families can choose between Wednesday or Thursday rehearsals, and Choristers will work one-on-one and in small groups with a dedicated professional Vocal Coach. **The program is free** and any child aged eight and older with an unchanged voice is welcome to participate.

If you know of any children who love to sing, please share the news of this program with them. You can visit the music page at www.wearestalbans.org/music for a full program description. There are also postcards sprinkled across campus – please feel free to grab a few and post them in your favorite coffee shop. Volunteer and other administrative support will also be gratefully accepted. Thank you for your support of this important work!

Have you always wanted to be a Coffee Hour Host...

...but were a little intimidated by the kitchen equipment?

Fear no more! Check out our new, [on-line kitchen tutorial!](#) It will change your life! Contact [Debbie Rosse](#) or [Peter Larson](#) for more information on

being a Coffee Hour Host!

Many thanks to Debbie Rosse, Peter Larson, and Kevin Holland for producing and posting these helpful videos.

Looking to Go Deeper in your Faith?

Are you interested in exploring further what it means to "be Christian" in your daily life? Do you ever come home from church on Sunday and think, "well, that was nice -- but what does it have to do with everything else?"

A small "discipleship group" of St. Alban's parishioners has been meeting for the past several months (see the September issue of The Word for an article about their experiences). Now we are interested in helping one or two other groups form.

As Presiding Bishop Michael Curry said recently about the need for churches to focus on discipleship and small groups: "Being a member of a church is nice, but that's just the beginning ... We don't need to make more Church-ians, we need to make more Christ-ians."

If you're interested in learning more, **[click here](#)** and complete the online form. Be sure to include any questions you might have in the comments field.

Holy Land Pilgrimage: October 5-15, 2023

Footsteps of Jesus | St. George's College, East Jerusalem

There is still time to join our pilgrimage to the Holy Land...the course remains open until filled. Talk to Fr. Paul if you have questions or are curious.

2023 Holy Land Pilgrimage Information

A Reminder for Ministry Leaders

Deadlines for Digital SAM submissions are 9am on Wednesday mornings. This is a **hard** deadline.

Parish Prayers this week:

For the Sick and the Suffering in our Parish

Gail Allison, Harris Andrews, Jenn Aument, Nancy Calvert, Ava Campbell, Barbara Chatelain, Evangeline Clark-Wiles, Don Craver, Casey Cummings, Mary Ann Daymont, Nell Dillard, David Hamnett, Nancy Harrell, Ralph Kelley, Kay Lusk, Steve Lusk, Gean Martin, Jack Martin, Duncan McBride, Elizabeth Ninde, Elayne O'Loughlin, Allison Canales Romero, Jerry Sare, Sally Sare, Ginger Shea, Cheryl Sinsabaugh, Dottie Stacy, Bari St. Cyr, Camille Stern, Evie Tanner, Fran Walinsky, Cathy Williams, Kenneth Youngert, Kathryn Zimmerman, Sara Zimmerman.

For the Sick and the Suffering: Family and Friends

Tom Baden, Pat Beck, Ann Bobeck, Anders Brenden (nephew of Fr. Paul), Matthew Conner, Barbara Cook, Jean Cothran, Jean & Greg Cox, Kate Dora Games Thiel, Rita Johnson, Juliana Jurenas, Lora Kempfe, Wray Kinard, Fred Lusk, Liz Lybrand, Sue Marshall, Donell Mathews, James and Janice McPhee, Susan Metsala, Lynn and Bob Nanney, Adele Neuberg, Anita O'Dea, Wilmot O'Loughlin, Evelyne Orlander, Margery Peck, The Premock Family, Glenn Reichenbach, Tricia Richardson, Charlotte Schmidt, Susie Simko, Mike Speer, James Vogel, Cabell Westbrook.

Altar Flowers

by Patricia Smith in thanksgiving for her daughter Sarah Tatum reaching five years in remission.

For the Departed

For Those in Military Service and Civilians Working Around the World

Bobby Dubas, Daniel Stephenson.

For Birthdays This Week

Macgregor Bickel (9/27), Brian O'Connell (9/27), Pat Collins (9/28), Katilyn Mairena (9/28), Mike McCaffree (9/28), Amanda Walker (9/28), Sandy Trumbull (9/30), Elizabeth Cheek (10/1)

Parish Cycle of Prayer

We pray for the members of the Stewardship Committee for their commitment and dedication to ensure this Parish continues to be good stewards of all that God has given us.

Diocesan Cycle of Prayer

Cristo Rey, Arlington; Little Fork, Rixeyville; San Jose, Arlington; The Falls Church, Falls Church.

Prayer for the Victims of Uvalde

Giver of life and love: you created all people as one family and called us to live together in peace. Surround us with your love as we face again the tragedy of gun violence. We pray for the children and adults who were killed at Robb Elementary School; the many who were wounded and hospitalized; the traumatized, grieving survivors; and those known to you alone.

Anglican Cycle of Prayer

The Anglican Church of Burundi.

*To place a name on the prayer list contact the parish office
at 703-256-2966 or email info@stalbansva.org
Updates regarding those on this list are greatly appreciated.*

For pastoral emergencies please call (571) 383-6096.

Deadline for submitting announcements for Digital SAM is every Wednesday at 9:00am.



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