



Saint Alban's

— EPISCOPAL CHURCH —

6800 Columbia Pike, Annandale, Virginia



Emergency Plan

September 2023

READ THIS: See pages 2-9 for guidance on how to respond to different types of emergencies and disruptions.

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1 Purpose

This plan provides information and guidance to safeguard St. Alban's staff, parishioners, renters, and visitors in the event of an emergency or disruption on or near church property.

2 Terms

An **emergency** is an event that could endanger life, health, and/or property, such as a building fire or a tornado.

A **disruption** is an event that could interrupt normal activities, such as a power outage, but does not endanger life or property.

Hereafter, emergencies and disruptions are referred to as **incidents**, where appropriate.

3 Audience

This plan is intended for use by St. Alban's staff, parishioners, renters, and visitors. Other groups may use it upon written approval by St. Alban's staff.

As a rule, **the most senior Church Staff member (or Warden) on church property manages St. Alban's response to an incident, in coordination with First Responders** if they are present (i.e., police, fire, paramedics). Others may support them as needed.

Alternately, **if Church Staff are not present, Event Leaders may act in this role for their groups** until Church Staff or First Responders arrive.

4 References

See Appendix A on page 15 for sources and references used to build and maintain this plan.

5 Emergency Contacts

See Appendix B on pages 16-17 for individuals and organizations you may need to contact before, during, or after an incident.

6 Plan Version, Maintenance, and Availability

The plan is dated September 2023. The Vestry shall review it at least every 3 years and update it as needed, in coordination with other parties as appropriate. To download a copy, visit the church website (<https://wearestalbans.org/about>).

Further, the plan is an operational document that shall be implemented should an incident arise. To that end, the Vestry shall ensure the following actions are taken at least annually:

- Inform the parish, via group email or other appropriate means, about the existence of the plan and where to find it. At a minimum, the communication shall highlight the necessity to—a) notify others if one sees something unusual (i.e., "see something suspicious, say

something”); b) know where fire alarms and other emergency resources are located; c) know at least two exits from church buildings; and d) know where to assemble outside (Assembly Area).

- Assess the need to conduct emergency drills/exercises with Church Staff and parishioners and conduct them as needed.

7 How to Prepare for an Incident

You are encouraged to follow the emergency preparedness guidance below when you are on church property.

Know—

1. At least two exits out of church buildings.
2. Where to assemble outside if we must evacuate.
3. Places to shelter inside if you cannot evacuate or if conditions outside are unsafe (e.g., tornado).









Make it a habit to—

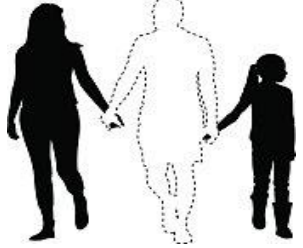


1. “See something suspicious, say something.”
2. Add important telephone numbers to your mobile phone.
3. Keep your mobile phone *powered up* so it is ready when you need it.






8 How to Respond to an Incident



Follow the guidance below if you see, hear, or learn of an incident—and follow instructions from Church Staff and First Responders. Take other actions as needed.




	In the Event of ...	Do This...
Natural Hazards		
1	Communicable Illness	<ul style="list-style-type: none"> • To limit exposure: <ul style="list-style-type: none"> - Stay home when you are ill. - Wash your hands frequently. - Cough/sneeze into a tissue, or into the crook of your arm. • Notify Church Staff if you have a serious communicable illness (chickenpox, hepatitis, influenza, etc.) and have recently been on church property. <p>Church Staff will keep your information confidential but may use it to take appropriate precautionary actions.</p>  <p style="font-size: small; text-align: right;">skynesher, FreeDigitalPhotos.net</p>





	In the Event of ...	Do This...
2	Disruptive or Violent Behavior	<ul style="list-style-type: none"> • Evacuate and dial 911 if needed. • Take shelter if you cannot evacuate. • Alert Church Staff (see page 16). <p>See also "Hostile Intruder" below.</p>  <p>posteriori, FreeDigitalPhotos.net</p>
3	Hostile Intruder	<ol style="list-style-type: none"> 1. RUN (evacuate!) <ul style="list-style-type: none"> • Alert others as you exit. • Dial 911 as soon as it is safe to do so. • DON'T pull the fire alarm. • DON'T assemble outside—take cover instead. 2. HIDE if you cannot escape. <ul style="list-style-type: none"> • Hide in a room, or under a desk or pew. • Lock and barricade the door. Turn lights off. • Be quiet. Silence your phone. Send a text to 911 to alert police quietly. 3. FIGHT as a LAST resort. <ul style="list-style-type: none"> • Use improvised weapons (e.g., scissors, keys).    <p>FreeDigitalPhotos.net</p>
4	Medical Incident	<p>General</p> <ul style="list-style-type: none"> • If someone is in physical distress, ask them if they need help. Even if they say "No," watch them and take action if needed. • Dial 911 if serious or life-threatening. <ul style="list-style-type: none"> – Send someone outside to direct approaching First Responders. • Use first aid supplies (see Section 12.1 on page 12). • Alert Church Staff (see page 16).  <p>89301753 FreeDigitalPhotos.net</p> <p>Cardiac Emergency</p> <ul style="list-style-type: none"> • Dial 911. Send someone outside to alert approaching First Responders. • Use the Automated External Defibrillator (AED) located in the Narthex. It has automated instructions on how to use it. • Alert Church Staff (see page 16). <p>Choking (Heimlich Maneuver)</p> <ul style="list-style-type: none"> • Dial 911. • Give five (5) back blows with the heel of your hand. • Give five (5) quick abdominal thrusts. Place your fist against the middle of the person's abdomen. Grab your fist with your other hand. • Repeat until the object is ejected and the person breathes on their own.

	In the Event of ...	Do This...
5	Missing Person	<ul style="list-style-type: none"> Alert Church Staff and everyone around you. Post someone at every exit door. As a group, check ALL logical locations (bathrooms, classrooms, offices, playground). Dial 911 if needed.  <p><small>Jake Olimb, FreeDigitalPhotos.net</small></p>
6	Suspicious Person or Criminal Activity	<p>Suspicious Person</p> <ul style="list-style-type: none"> Keep a safe distance. Evacuate if feel unsafe. Otherwise, ask the person “May I help you? Who are you here to see?” Alert Church Staff (see page 16).  <p><small>93324803, FreeDigitalPhotos.net</small></p> <p>Criminal Activity</p> <ul style="list-style-type: none"> DON'T interfere except to defend yourself. Exit and dial 911 if needed. Alert Church Staff (see page 16). Describe to the police everything you saw—the activity, the person, and vehicle and license plate number (if a vehicle was involved). <p>Church Staff: Gather any more information from the Security Team.</p>
7	Suspicious Letter or Package	<p>Be Observant:</p> <ul style="list-style-type: none"> Be observant when opening mail. Watch for unusual items, such as— <ul style="list-style-type: none"> No return address, or excess postage Unknown power or substance Odor or stains.  <p><small>85982363, FreeDigitalPhotos.net</small></p> <p>How to Respond:</p> <ul style="list-style-type: none"> DON'T touch a suspicious letter or package. Cover the letter or package (e.g., with a trash can), alert others, and exit. DON'T touch your eyes or mouth. Wash your hands. Dial 911. Alert Church Staff (see page 16).

	In the Event of ...	Do This...
8	Threatening Message	<ul style="list-style-type: none"> • If by phone, listen carefully, ask questions, and write down everything you hear. • If by email, DON'T open any attachments and DON'T delete the message. Print it and save it to a folder where authorities can examine it. • Alert Church Staff (see page 16). <p>Dial 911 if the threat is imminent. Otherwise, call the Fairfax County Police Department at 703-691-2131 (non-emergency line).</p>  <p style="text-align: right; font-size: small;">Vetkit, FreeDigitalPhotos.net</p>
9	Traumatic Incident (e.g., Death, Serious Injury)	<ul style="list-style-type: none"> • Dial 911 if needed. • Keep non-essential people away from the scene. • Alert Church Staff (see page 16). <p>Church Staff: Counsel those who may be affected emotionally or physically. Engage other professional help if needed.</p>  <p style="text-align: right; font-size: small;">DRB Images,</p>
Natural Hazards		
10	Earthquake	<ul style="list-style-type: none"> • If indoors, take cover under a desk, table or pew. Evacuate after quaking stops. • If outdoors, move to an open area away from buildings, trees, and power lines. • Go to the Assembly Area after the quaking stops (see Section 9.3 on page 10). • Alert Church Staff (see page 16). • Check local media for news and instructions. • Church Staff: Account for occupants (see Section 13.2 on page 13). 
11	Extreme Heat	<ul style="list-style-type: none"> • Postpone outdoor events. • Stay indoors and drink water. • Watch for health-related illness in yourself and others; get medical help if needed. • Check local media for news and instructions.  <p style="text-align: right; font-size: small;">FEMA</p>
12	Hurricane	<p>How to Prepare:</p> <ul style="list-style-type: none"> • Check local media for news and instructions. • Power up your mobile phone and other electronic devices. • Prepare to evacuate if needed. Identify evacuation routes; fill your gas tank; and  <p style="text-align: right; font-size: small;">FEMA</p>

	In the Event of ...	Do This...
		<p>stock your car with supplies.</p> <ul style="list-style-type: none"> If you plan to stay in your home, stock up on appropriate supplies (water, food, ice [for food storage], flashlights with fresh batteries). Church Staff: <ul style="list-style-type: none"> Coordinate with nearby congregations if needed. Issue instructions if needed (see Section 15 on page 14). Secure church property. <p>How to Respond:</p> <ul style="list-style-type: none"> Evacuate if directed by authorities. Report downed power lines and flood water (see page 17). Church Staff: <ul style="list-style-type: none"> Examine property, photograph damage, and contact our insurer if needed. Issue instructions if needed (see Section 15 on page 14).
13	Thunderstorm / Lightning / Tornado	<p>Before and During the Storm:</p> <ul style="list-style-type: none"> If outdoors, move inside. Take cover and stay away from windows. If indoors, move to an interior room. Stay away from windows. Avoid corded electrical equipment (e.g., land-line phones). Check local media for news and instructions. Church Staff: Issue instructions if needed (see Section 15 on page 14). <p>After the Storm:</p> <ul style="list-style-type: none"> Report outages and downed power lines (see page 17). Photograph damage. Call our insurer and contractors.  <p>FEMA</p>
14	Winter Storm	<p>Before the Storm:</p> <ul style="list-style-type: none"> Keep your mobile phone and other electronic devices fully charged. Check local media for news and instructions. Church Staff: <ul style="list-style-type: none"> Coordinate with nearby congregations if needed. Issue instructions if needed (see Section 15 on page 14). <p>During/After the Storm:</p> <ul style="list-style-type: none"> Clear snow/ice from walkways, outdoor systems, and nearby fire hydrants. <p>Avoid overexertion; get medical help if needed.</p>  <p>bizoo_n, FreeDigitalPhotos.net</p>

	In the Event of ...	Do This...
		<ul style="list-style-type: none"> • Report outages and downed power lines (see page 17). • Church Staff: <ul style="list-style-type: none"> – Issue instructions if needed (see Section 15 on page 14). – Photograph damage. Call our insurer and contractors.
Technological Hazards		
15	Building System Failure (e.g., Flooding, Gas Leak)	<ul style="list-style-type: none"> • Evacuate immediately if needed. Alert others as you do so and keep others away. • Alert Church Staff (see page 16). • Church Staff: <ul style="list-style-type: none"> – Issue instructions if needed (see Section 15 on page 14). – Photograph damage. Call our insurer and contractors.  <p style="text-align: right; font-size: small;">Sherwin McGehee, FreeDigitalPhotos.net</p>
16	Fire in a Church Building	<ul style="list-style-type: none"> • Pull a fire alarm. • Evacuate and go to the Assembly Area (see Section 9.3 on page 10). <ul style="list-style-type: none"> – Close doors behind you (to isolate the fire). – Before opening a door, check it with the back of your hand. DON'T open hot doors. • Dial 911 when you are safe. • Let emergency vehicles enter the parking lot and stay out of their way. • Church Staff: <ul style="list-style-type: none"> – Account for occupants (see Section 13.2 on page 13). – Issue instructions if needed (see Section 15 on page 14).  <p style="text-align: right; font-size: small;">687919816, FreeDigitalPhotos.net</p>
17	Hazardous Materials Incident Near the Church	<p>If You are Indoors:</p> <ul style="list-style-type: none"> • Move to an interior area, away from windows. • Turn off HVAC, and seal gaps in doorways. • Dial 911 if needed. • Check local media for news and instructions. <p>If You are Outdoors:</p> <ul style="list-style-type: none"> • Cover your nose and mouth and move upwind. • Take shelter indoors. • Tell others to stay away. • Dial 911 if needed. • If you were exposed, remove clothes; wash with soap and water; and get medical attention. DON'T touch your eyes or mouth.  <p style="text-align: right; font-size: small;">NOAA</p>

	In the Event of ...	Do This...
18	Power Outage	<ul style="list-style-type: none"> Alert Church Staff (see page 16). Call Dominion Power at 866-DOM-HELP (866-366-4357). Check the elevator by the Narthex for possible trapped occupants. See also "Trapped in Elevator" below. Check local media for news and instructions, if needed. Church Staff: <ul style="list-style-type: none"> Issue instructions if needed (see Section 15 on page 14). Throw out perishable food if the outage lasted 4+ hours.  <p style="text-align: right; font-size: small;">FEMA</p>
19	Trapped in Elevator	<p>If You are Trapped:</p> <ul style="list-style-type: none"> Press the "Alarm" button on the panel to alert the elevator company. Alert others by voice or mobile phone. <p>If You are Outside the Elevator:</p> <ul style="list-style-type: none"> Tell the occupants to press the "Alarm" button. Alert Church Staff (see page 16). Stay nearby until help arrives.  <p style="text-align: right; font-size: small;">St. Alban's</p>
Other Hazards		
20	Incident Near the Church (e.g., house fire, HAZMAT spill)	<ul style="list-style-type: none"> Dial 911 if needed. Stay indoors. Take shelter away from windows, if needed. Tell others to stay away. Alert Church Staff (see page 16). Check local media for news and instructions. <p>Church Staff: Issue instructions if needed (see Section 15 on page 14).</p>  <p style="text-align: right; font-size: small;">Mario Savoia, FreeDigitalPhotos.net</p>
21	Regional or National Incident	<ul style="list-style-type: none"> Check the media for news and instructions. Keep your mobile phone and laptop powered up. Take other precautions as needed or directed. <p>Church Staff: Issue instructions if needed (see Section 15 on page 14).</p>  <p style="text-align: right; font-size: small;">Francesco Cura, FreeDigitalPhotos.net</p>

9 Evacuation

If conditions inside are unsafe (e.g., fire), **immediately evacuate and move to the Assembly Area outside** (see Section 9.3., *Where to Assemble*, on page 10).

- **NOTE:** The **only exception** is a **Hostile Intruder** incident, in which case **disperse and take cover**, to avoid creating a target for the intruder.

Alternately, depending on the incident, Church Staff may instruct occupants to exit and go home (or stay home), for example during an extended power outage.

9.1 Alert

An evacuation may be initiated by fire alarm or verbally. You may also evacuate on your own initiative, especially if you are in imminent danger.

- **Fire Alarm:** The church has a fire alarm system that is activated either *manually* (by pulling an alarm lever) or *automatically* (when a detector detects smoke or heat).

Fire alarms should be used for fire incidents ONLY.

DON'T pull the fire alarm during a Hostile Intruder incident. The noise could prevent others from hearing the intruder, possibly endangering them. **Alert others verbally or by hand signal.**



David Meharey,
FreeDigitalPhotos.net

- **Life Threatening Event:** **Evacuate immediately** if you are in danger. Alert others as you exit.

9.2 How to Evacuate

If you hear/see a fire alarm, are told to evacuate, or find yourself in danger:

1. **Leave immediately by the nearest exit.**
2. Take your personal valuables **ONLY** if they are next to you.
3. Alert others as you exit.
4. **Help others if possible.** Pay attention to unaccompanied children and those with special needs.
 - **Unaccompanied Children:** Direct them to their parent or guardian if present. If not, guide them to the nearest exit.
 - **People with Special Needs:** Help them move to the nearest exit or to a sheltered area. See Section 9.4 below (*If You Cannot Evacuate*).
5. **DON'T** reenter the building.



bruno1998, FreeDigitalPhotos.net


After you exit:

1. **Move to the Assembly Area**—see Section 9.3 (*Where to Assemble*).

2. **Connect children with parents or guardians.**
3. **Notify Church Staff or Event Leaders if anyone is still inside or is missing.**
4. Answer Roll Call and follow instructions.
5. **Church Staff or Event Leaders:**
 - Take Roll Call or a Head Count if practical.
 - Notify First Responders if anyone is still in the building or is missing.

9.3 Where to Assemble

St. Alban's has an Assembly Area where you should go if we must evacuate. There, you will be clear of debris and emergency vehicles, and others can find and account for you.

Evacuate from ...	Go to ...	Photo
Any church building.	The open field beyond the parking lot, in front of the Rectory.	 <p style="text-align: right; font-size: small;">St. Alban's</p>

9.4 If You Cannot Evacuate

If you cannot evacuate:

1. **Seek a safe place**—preferably a room with a window and telephone.
2. **Dial 911** or attract the attention of others through the window.

Similarly, **if you cannot traverse the stairs near the Narthex, take shelter in a Rescue Assistance area.** The sign shown on the right marks them.



St. Alban's

You can find a Rescue Assistance Area next to the elevator—

1. In the Choir Loft.
2. On the Main floor.
3. On the Ground Floor, at the base of the stairs.

Stay calm and **dial 911** if needed. **First Responders will come to your location.**

NEVER take the elevator during a fire.

10 Shelter

Shelter inside if conditions outside are unsafe (e.g., tornado, hazardous materials spill).

Move toward the center of the building, away from windows. If required, move to an enclosed space, such as an interior office, hallway, restroom, or stairwell.

- **NOTE:** In the event of a Hostile Intruder incident, seek a room **with** windows, through which you can escape or signal for help.

When you shelter—

1. **Dial 911 if needed.**
2. Seal gaps around doors and windows if necessary.
3. Take cover if necessary.
4. Exit when help arrives or when the “All Clear” is sounded.
5. Notify Church Staff (or Event Leaders, if you were attending a group event) after you exit, so you are accounted for.

11 Dialing 911

When dialing 911 from a land-line telephone, your location is sent automatically to First Responders.

When dialing from a *mobile phone*, however, the dispatcher may ask you for your street address. St. Alban's address is—

- **6800 Columbia Pike, Annandale.**



67282265, FreeDigitalPhotos.net

After the call is complete, **send other people to Columbia Pike to direct approaching First Responders to your location.**

12 Emergency Resources

12.1 *AED, Fire Alarms, Fire Extinguishers, and First Aid Kits*



David Meharey, zimmytws, Richard Cote, FreeDigitalPhotos.net

St. Alban's is equipped with an Automated External Defibrillator (AED), fire alarms and extinguishers, and first aid kits. See below for their locations.

	Room	AED	Fire Alarm	Fire Extinguisher	First Aid Kit
1	Choir Loft		✓		

	Room	AED	Fire Alarm	Fire Extinguisher	First Aid Kit
2	Frizzell Parish Hall		✓	✓	
3	Kitchen		✓	✓	✓
4	Lower Hall			✓	
5	Main Hall		✓	✓	
6	Narthex	✓	✓	✓	
7	Sacristy			✓	✓
8	Room 2			✓	
9	Room 4			✓	✓
10	Room 5			✓	
11	Back Exit (by the Shower Room)			✓	

If someone is suffering from cardiac arrest (no pulse), **dial 911** and then use the **AED** in the wall cabinet in the **Narthex**. Follow the automated instructions. The AED analyzes the person's heart rhythm and delivers a shock to restore the rhythm if it is disrupted.

In the event of a fire, **pull the lever on the nearest fire alarm** to alert others. Do so **ONLY** in the event of an actual fire.

You may be able to put out a fire with an extinguisher. Do so **ONLY** if —

1. The fire alarm is ringing;
2. The fire is small; and
3. You have an open exit behind you.

Then, use the **“P.A.S.S”** method:

1. **Pull** the pin.
2. **Aim** at the base of the fire.
3. **Squeeze** the handle.
4. **Sweep** back and forth until the fire is out.



Simazoran, FreeDigitalPhotos.net

Use supplies in the first aid kits if needed. These include bandages; burn relief gel; pain relievers; and other supplies.

12.2 Public Resources

See Appendix C, *Public Resources*, on page 18 for free resources you can use before, during, and after an incident. Become familiar with them before an incident occurs.

13 Accounting for People

Accounting for people is critical: It helps to assure their safety; saves time spent trying to find "missing" people; and facilitates the return to normal operations. Follow the guidance below.

13.1 Instructions for Church Staff

Tell other staff if you cannot come to work, or if you leave the office during the workday. Also tell them how you can be reached. **Example:** "I'm going out for an appointment. I have my mobile phone if you need me." This helps others to account for you if an incident occurs while you are away.

13.2 Accounting for People (Incident at Church)

If an incident occurs while an event is in progress on church property, take appropriate actions as described in Sections 9 or 10 (pages 9-11).

If You Evacuate:

1. After you exit, notify Church Staff (or Event Leaders) if you believe people are still in the building or are missing.
2. Answer Roll Call.
3. **Church Staff (or Event Leaders):**
 - Conduct Roll Call or a Headcount if practical. **NOTE: If you evacuate during Sunday service, talk with the Counters to compare your Head Count numbers.**
 - Notify First Responders if people may still be in the building or are missing.



gIOck, FreeDigitalPhotos.net

If You Shelter:

1. **If you shelter indoors**, notify Church Staff (or Event Leaders) after the "All Clear" is sounded, so they can account for you.
2. **Church Staff (or Event Leaders):**
 - Help people enter the building **ONLY** if you do not endanger yourself or others.
 - Conduct Rollcall or Head Count if practical.
 - If people dispersed to shelter, account for them after the All Clear is sounded.
 - Conduct a search if anyone is missing after the All Clear. **Dial 911 if needed.**

13.3 Accounting for People (Large-Scale Incident)

After a large-scale incident (e.g., hurricane requiring community evacuation), Church Staff and Vestry may contact parishioners and renters, via email/phone, to ask about their status and to relay any special instructions. See also Section 15 below.

14 Serving the Community

In the event of a disaster, St. Alban's may provide shelter and services to help affected people in the community. Examples include sleeping areas, food, and clothing.

Church Staff will do so in coordination with all appropriate parties, including the Vestry, the Diocese, parishioners, nearby congregations, and renters, as needed.



MachineHeadz, FreeDigitalPhotos.net

Further, staff will take actions to ensure St. Alban's conforms with all regulations regarding occupancy, food safety, and other factors related to health and safety.

15 Church Closings and Event Cancellations

If an incident requires the temporary closure of St. Alban's or the cancellation of events, Church Staff will issue a parish-wide email.

Church Staff will also notify renters and update the church website with a banner message, if needed. They will repeat the process when the incident has passed and normal operations can be resumed, notifying parishioners and renters that St. Alban's has re-opened.



Jon Schulte, FreeDigitalPhotos.net

16 Shutting Off Utilities and Securing Church Property

Depending on the situation, Church Staff are responsible for shutting off utilities and securing church property before or during an incident. See page 16 for their contact information.

17 Protecting Church Records

Church Staff regularly backup digital files and store them offsite to assure St. Alban's has duplicate copies available in case primary copies are destroyed (e.g., due to a fire).

18 Responding to the Media

Refer all media inquiries to Father Jeff Shankles or Father Paul Moberly. See page 16 for their contact information.

Appendix A. References

The following references are used to support development and maintenance of this plan:

1. Department of Homeland Security, Federal Emergency Management Agency, *Guide for Developing High Quality Emergency Operations Plans for Houses of Worship*, June 2013
2. Ibid., Ready Campaign, www.Ready.gov
3. Diocese of Virginia Disaster Preparedness and Response, <https://www.thediocese.net/resources/administration/disaster-preparedness-and-response/>
4. Fairfax County, Office of Emergency Management, <http://www.fairfaxcounty.gov/oem/>
5. Mobile Help, *Can 911 Track Your Cell Phone Location?*, www.mobilehelp.com

Appendix B. Emergency Contacts

St. Alban's Staff

	Name	Role	Phone	Email
1	Rev. Jeff Shankles	Rector	703-965-3898	ishankles@stalbandsva.org
2	Rev. Paul Moberly	Associate Rector	703-539-9827	pmoberly@stalbandsva.org
5	Administrative Assistant		703-256-2966	info@stalbandsva.org

First Responders

	Name	Phone
1	Police / Fire / Paramedics	911
2	Police / Fire Non-Emergency (Fairfax County)	703-691-2131
3	Poison Center (open 24/7/365)	800-222-1222

Medical Care

	Name	Address	Office	Website
1	Patient First	7042-A Little River Turnpike, Annandale, VA		
2	Progressive Urgent and Primary Care	7306 Maple Place, Annandale, VA	703-333-5001	progressiveurgentcare.com
3	INOVA Emergency and Urgent Care	3300 Gallows Road, Falls Church, VA	703-776-3116	http://www.inova.org/healthcare-services/emergency-services/locations/index.jsp#eccfair

Utilities

	Name	Phone	Website or Email
1	Dominion (Power)	866-DOM-HELP (866-366-4357)	https://www.dom.com/residential/dominion-virginia-power/outage-center/report-and-check-outages
2	Fairfax Water	703-698-5800; 703-698-5613 (After Hours)	watermainbreak@fairfaxwater.org
3	Verizon Fios	800-837-4966	https://www.verizon.com/support/contact-us/
4	Washington Gas	800-752-7520; 703-750-1400	https://www.washingtongas.com/safety-education/safety/natural-gas-safety

Virginia and Fairfax County Government

	Name	Phone	Website
1	Fairfax County Emergency Management Office	571-350-1000	www.fairfaxcounty.gov/oem
2	Emergency Road Conditions	5-1-1	www.511virginia.org/
3	Public Works	703-323-1211 703-250-2003	N/A
4	Snow Plow Status	N/A	http://novasnowplowing.virginia.gov/
5	Storm Flooding	703-877-2800 (M-F, 730am-4pm) 703-323-1211 (After Hours)	N/A
6	Tree Removal on Public Roads	800-FOR-ROAD (800-367-7623)	N/A

Appendix C. Public Resources

Emergency Alerts

Consider signing up to receive free alerts from your local government about severe weather and public safety incidents. You can choose to receive alerts via text, email and/or phone.

City/County	Registration Link
Alexandria	https://www.alexandriava.gov/EmergencyCommunications
Arlington	www.arlingtonalert.com
Fairfax	http://www.fairfaxcounty.gov/alerts
Falls Church	http://www.fallschurchva.gov/1371/Falls-Church-Alerts

Local Radio

Check local media for news and instructions during regional and national events.

- WAMU 88.5
- WNEW 99.1 FM
- WTOP 103.5 FM

Mobile Apps (for iPhone and Android)

Mobile apps are valuable tools that you can use before and during an emergency. **Examples of free apps are listed below.** All of them are available on iPhone and Android.

Service	App	Function
Emergency Preparedness	FEMA	FEMA’s official emergency preparedness app. Provides weather alerts, safety tips, and reminders, identifies emergency shelters, and more.
Medical	First Aid: American Red Cross	Provides expert advice for common emergencies, from first aid and CPR techniques to the nearest hospital location.
Utilities	Flashlight (multiple apps)	Bright and simple flashlight, plus other functions.
Weather	Yahoo Weather	Provides temperatures, wind, radar, and sun rise/set.