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Saint Alban's MESSAGE

March 10, 2024 | **WeAreStAlbans.org**

Lectionary Readings for this Sunday, Lent IV

Numbers 21:4-9
Psalm 107:1-3, 17-22
Ephesians 2:1-10
John 3:14-21

Unable to attend in person this week? Here are some helpful resources!

10:30 AM Bulletin
Livestream Link
Online BCP
Hymnal 1982

Serving on March 10 at 8:00 am

Crucifer:	**Unfilled**
Torchbearer:	**Unfilled**
Torchbearer:	**Unfilled**
Intercessor:	Delores Baisden
Usher:	Al Avellino
Usher:	Tom Tycz
Lector:	Monique Clark
Lector:	Kit Ryan
LEM:	Cathy Casey
LEM:	**Unfilled**
Coffee Hour:	**Unfilled**
Coffee Hour:	**Unfilled**

Serving on March 10 at 10:30 am

Crucifer:	**Unfilled**
Torchbearer:	**Unfilled**
Torchbearer:	**Unfilled**
Intercessor:	Kevin Holland
Usher:	Margaret Pendley
Usher:	Sana Kamara
Lector:	Gail Coleman
Lector:	Chris Peck
LEM:	Debbe Heiman
LEM:	**Unfilled**
Coffee Hour:	Gail Coleman
Coffee Hour:	Sheila Massey
Coffee Hour:	Debbie Rosse

Altar Guild: Team III, Captain: Dottie Ninde, Donna Archer, Linda Cummings, Jo Hodgin, Debbe Heiman, Jane Lesko, Brian Woods.

Security: Remy Jurenas

Counters: Steve Hershner & Bari StCyr

Serving is a great way to worship God and support the congregation - please consider emailing info@stalbansva.org to sign up for an unfilled position, or volunteer on Sunday morning! You can sign up to be a Lector, Intercessor, and Usher with on the job training day-of in the Narthex, too!

Coffee hour is also easy if you just sign up with someone who is already experienced. Simply add your name to the sign-up sheet in the Parish Hall. In addition, you can learn by watching these easy tutorials. Sign-up in the Parish Hall and try something new!

The Word: March, 2024

St. Alban's Episcopal Church
The word

The **March issue** is here!
Read this month's edition.
(Physical copies are available in the narthex)
Previous editions of The Word available here.

Check out the Event calendar!

This Week at a Glance

Sunday, March 10
8:00 am – Holy Eucharist, Rite II
9:00 am – Belvedere Packing, Parish Hall
9:15 am – Christian Education for All Ages
PreK-K, Room 15
1st-5th Grade, Room 13
6th-12th Grade, Youth Room
Adult Forum, Room 11
10:30 am – Holy Eucharist, Rite I

Monday, March 11
8:00 am – Morning Prayer via Zoom

Tuesday, March 12
8:00 am – Morning Prayer via Zoom
9:00 am – Holy Eucharist with Healing Prayer
10:00 am – Handmades Group, Room 11
10:00 am – Bible Study, Library

Wednesday, March 13
8:00 am – Morning Prayer via Zoom
5:30 pm – Private Confession, Nave
6:00 pm – Stations of the Cross, Nave
6:30 pm – Soup & Salad Dinner, Parish Hall
7:00 pm – Lenten Program w/ Dr. Cook, Parish Hall

Thursday, March 14
8:00 am – Morning Prayer via Zoom
Afternoon – Poe Middle Meal Program
4:30 pm – Chorister Rehearsal
6:30 pm – Bell Choir Rehearsal
7:30 pm – Adult Choir Rehearsal

Friday, March 15
8:00 am – Morning Prayer via Zoom

4:30 pm – Online Social Hour via Zoom

Saturday, March 16

Sunday, March 17
8:00 am – Holy Eucharist, Rite II
9:00 am – Belvedere Packing, Parish Hall
9:15 am – Christian Education for All Ages
PreK-K, Room 15
1st-5th Grade, Room 13
6th-12th Grade, Youth Room
Adult Forum, Room 11
10:30 am – Holy Eucharist, Rite I
12:00pm – Conversations on Justice, Room 13
4:00 pm – 3rd Annual Bach Marathon, Nave

Memorial Service for Sophie Jorgensen
Saturday, March 9 at 10:00 am

A memorial service for Sophie Jorgensen, Tim Jorgensen's wife, will be held on Saturday, March 9 at 10:00 am with reception to follow. All are invited to attend.

Adult Forum Continues on March 10 at 9:15am at Room 11

Please join us in Room 11 for the Adult Forum at 9:15am. We look forward to seeing you! Upcoming forums include:

- March 10 – Exploring the Historical Roots of the Eucharist, Amelia, Seminarian
- March 17 – A History of Doctrine, Chris, Seminarian

Wednesdays in Lent

2024 Lenten Program
A Look at Genesis
with
Dr. Steven Cook
Professor of Old Testament Language and Literature
Virginia Theological Seminary

2/21 - The Creation
2/28 - The Primeval History
3/6 - Patriarchs
3/13 - Joseph

Wednesday evenings in Lent

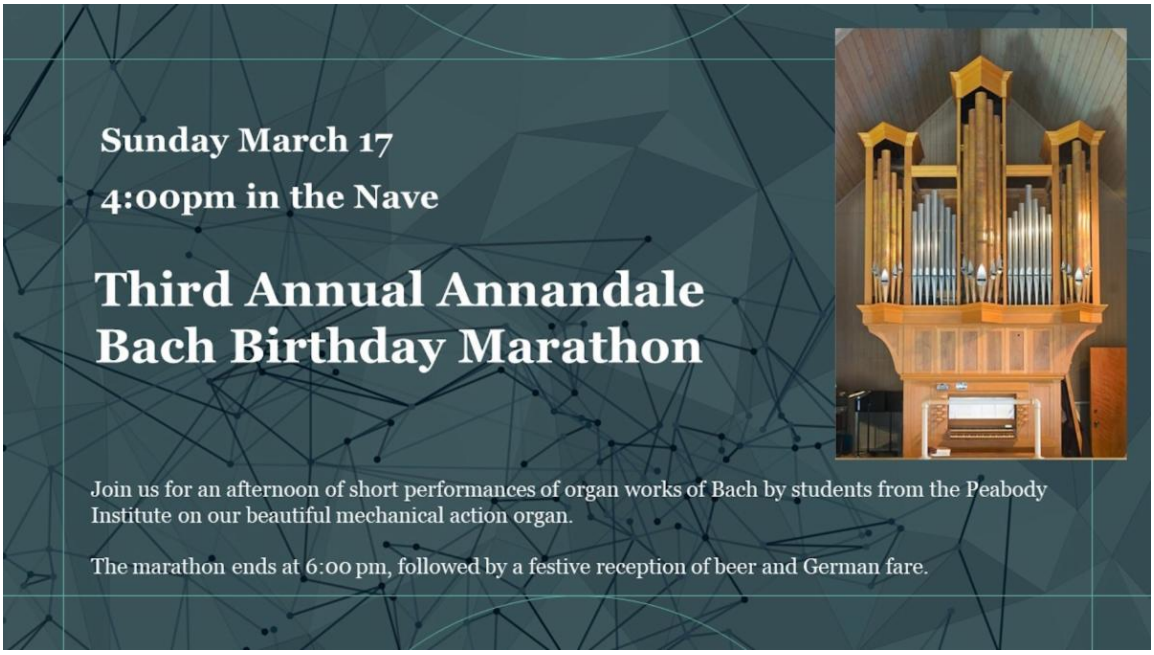
6:00 pm - Stations of the Cross
6:30 pm - Lenten Soup & Salad supper
7:00 pm - Presentation

We will take a deep dive into the wonder and beauty of Genesis. Dr. Steven

Cook, Professor of Old Testament Language and Literature at Virginia Theological Seminary will lead us as we examine the creation story, primeval history, the Patriarchs, and Joseph.

Private confession is offered at 5:30pm. We will begin at 6:00pm with Stations of the Cross in the Nave, followed by a simple soup and salad supper in the Parish Hall. Sign-ups to support the meal on February 28, March 6, and March 13 will be available in the Narthex. We hope you will join us!

Third Annual Annandale Bach Birthday Marathon
Sunday March 17 at 4:00pm in the Nave



Join us for an afternoon of short performances of organ works of Bach by students from the Peabody Institute on our beautiful mechanical action organ. The marathon ends at 6:00 pm, followed by a festive reception of beer and German fare.

Holy Week Service Schedule

Please join us for our Holy Week services, as we walk with Our Lord to the Cross, and ultimately celebrate His resurrection! For more information, **click here.**

Belvedere Elementary Backpack Packing
Sunday, March 10

Please join us after the 8:00 AM service during coffee hour in the Parish Hall to help pack food bags for students at Belvedere Elementary. The students are very appreciative, and you can see their artwork in the hallway leading to the Parish Hall!

Poe Middle After-School Student Meal Program
Thursday, March 14

Urgent need! Volunteers are needed to help transport food, serve, and clean up afterwards at Poe Middle School twice a month on Thursday afternoons. Sign-up with the link below - and thank you!

St. Albans will provide a hot meal to middle schoolers who participate in Poe's afterschool activities. About 170 are served each time. Volunteers are needed to shop on your own schedule beforehand and to cook, transport, serve, and clean up on the day-of.

For more information, and to sign-up, **click here!**

Conversations on Justice

Sunday, March 17 at 12:00pm

Please join us for Conversations on Justice: Becoming Beloved Community. Donna Archer will lead a discussion on the history and scriptural foundation for Beloved Community on Sunday, March 17, from noon to 1:30 in Room 13. Lunch will be served.

Help Feed the Families of Poe Middle School Wednesday, March 20

On every other Wednesday, from 2:30-4:00pm, we pack grocery bags with nutritious food and deliver them to families in need. We love new volunteers, and it is very rewarding, please consider joining us! In addition, we are looking for bag donations – they could be brown grocery bags or plastic ones, as long as they have handles. Please bring them to the boxes in the Narthex and Parish Hall entryway!

Email **nelldillard@hotmail.com** for more info or visit this **sign-up link.**

Delegate Elections to Diocesan Convention

Every March the Vestry elects two delegates to represent St. Alban's at Diocesan Convention. Diocesan Convention, held in November, is responsible for the "order, government and discipline" of the Episcopal Church in the Diocese of Virginia. It is a rich opportunity to meet other Episcopalians from around the diocese, and a wonderful opportunity to see the greater Church in action.

In order to be considered by the Vestry for this position, delegates to Convention must be adult confirmed communicants in good standing. If you would like to be considered for the role of delegate representing St. Alban's at Diocesan convention please contact a member of the vestry or contact Fr. Jeff or Fr. Paul.

Lenten Discipline - Feeding the Hungry with ACCA

The Annandale Christian Community for Action is hosting a food drive – 40 items of food for the 40 days of Lent. Consider donating an item for each day of Lent in the Narthex when you come in every Sunday!

The shelves are BARE and your donations help those in need IMMIDIATELY! Take a look at **this video** just to see the need - and how great your impact is!

To read more about this, **check out the blog on the front page of our website!**

Annandale Christian Community for Action Updates

ACCA Annandale Christian Community for Action

A coalition of churches serving those in need

This past week you helped donate 44 lbs of food! Thank you so much! The pantry as ACCA continues to be in need of canned chicken, canned meat, peanut butter and pasta sauces.

In addition, volunteer drivers have been working overtime to deliver food to people's homes. If you have a spare hour once every week or two, try doing a delivery. It can be very rewarding. You don't have to drive on a regular schedule, but just when you have time.

Please drop off food donations in the Narthex, so that Fran Walinsky can take donations to the pantry each week. Monetary donations to ACCA are also welcome! For info, **click here**.

Contact Gail Coleman, **gv.coleman@verizon.net** or Debbe Heiman at **deborahsheiman3@gmail.com** if you have any questions!

See the monthly ACCA newsletter by clicking here!

Parish Prayers this Week:

For the Sick and the Suffering in our Parish: Gail Allison, Allison Blanchard, Nancy Calvert, John Clements, Liz Clements, Helen Cassidy, Evangeline Clark-Wiles, Christina Daggs, Mary Ann Daymont, Jane Edwards, David Hamnett, Nancy Harrell, Martha Kelley, Kay Lusk, Jack Martin, Duncan McBride, Elizabeth Ninde, Elayne O'Loughlin, Benny Robles, Allison Canales Romero, Jerry Sare, Sally Sare, Lynne Schrag, Ginger Shea, Cheryl Sinsabaugh, Bari St. Cyr, Evie Tanner, Tom Tycz, Fran Walinsky, Kenneth Youngert, Sara Zimmerman.

For the Sick and the Suffering — Family and Friends: Debby Aune, Ann Bobeck, Tess Brody, Kathy Curran, Barbara Cook, Jean Cothran, Jean & Greg Cox, Don DiSpirito, Sincerria Elliot, Cristabel Espinoza, Kate Dora Games Thiel, Michael Hamnett, Jim House, Rita Johnson, Emilija Jurenas, Wray Kinard, Fred Lusk, Liz Lybrand, Donell Mathews, George McCord, James and Janice McPhee, Lynn and Bob Nanney, Judy Pearson, Anita O'Dea, Evelyne Orlander, Kathy Parkhouse, Margery Peck, The Premock Family, Glenn Reichenbach, Tricia Richardson, Rita Schmith, Jim Schmidt, Susie Simko, Mike Speer, Marjorie Taber, Tatiana, Justin Traum, Howard Tompkins, Maria Ana Velasquez, Jim and Elaine White, Chuck Woods, Janet Woods.

For the Departed

For Those in Military Service and Civilians Working Around the World

Bobby Dubas, Daniel Stephenson, Alison Dilworth

For Birthdays This Week

Jane Lesko (3/10), Sarah Walinsky (3/13)

Parish Cycle of Prayer

We give thanks for the members of the Parish Life Committee and the important work they do bringing fellowship and hospitality to our parish

family.

Diocesan Cycle of Prayer
St. Francis, Great Falls; St. George's, Fredericksburg

Anglican Cycle of Prayer
The Episcopal Church

To place a name on the prayer list contact the parish office at 703-256-2966 or email ***info@stalbansva.org***
Updates regarding those on this list are greatly appreciated.

For pastoral emergencies please call (571) 383-6096.

Deadline for submitting announcements for Digital SAM is every Wednesday at 9:00am.

St. Alban's Episcopal Church | 6800 Columbia Pike, Annandale, VA 22003

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